

About the Authors

Jennifer Housley, MS, is active in local, national, and international organizations addressing the psychological consequences of trauma. Currently at the Pacific Graduate School of Psychology and National Center on the Psychology of Terrorism in Palo Alto, California, she has served as Program Director for the Palo Alto Medical Reserve Corps and published on topics related to mass disaster, trauma, and health psychology. She is a widely respected advisor, program developer, and instructor on interventions, coping, and first aid following trauma and disaster, both for licensed mental health professionals and for first responders and disaster volunteers.

Larry E. Beutler, PhD is Distinguished Professor, Chair, and former Director of Training at the Pacific Graduate School of Psychology in Palo Alto, California and is a Consulting Professor of Psychiatry at Stanford University School of Medicine. Dr. Beutler is the former Editor of the *Journal of Clinical Psychology* and of the *Journal of Consulting and Clinical Psychology*. He is a fellow of the American Psychological Association and the American Psychological Society. He is the Past-President of the Society for Clinical Psychology (Division 12 of APA), a Past President of the Division of Psychotherapy (APA), and a two-term Past-President of the (International) Society for Psychotherapy Research. He is the author of approximately 300 scientific papers and chapters, and is the author, editor or coauthor of fourteen books on psychotherapy and psychopathology.

Advances in Psychotherapy – Evidence-Based Practice

Danny Wedding; PhD, MPH, Prof., St. Louis, MO
(Series Editor)

Larry Beutler; PhD, Prof., Palo Alto, CA

Kenneth E. Freedland; PhD, Prof., St. Louis, MO

Linda C. Sobell; PhD, ABPP, Prof., Ft. Lauderdale, FL

David A. Wolfe; PhD, Prof., Toronto
(Associate Editors)

The basic objective of this new series is to provide therapists with practical, evidence-based treatment guidance for the most common disorders seen in clinical practice – and to do so in a “reader-friendly” manner. Each book in the series is both a compact “how-to-do” reference on a particular disorder for use by professional clinicians in their daily work, as well as an ideal educational resource for students and for practice-oriented continuing education.

The most important feature of the books is that they are practical and “reader-friendly”: All are structured similarly and all provide a compact and easy-to-follow guide to all aspects that are relevant in real-life practice. Tables, boxed clinical “pearls”, marginal notes, and summary boxes assist orientation, while checklists provide tools for use in daily practice.