

Appendix F

Films Illustrating Psychopathology

Key to Ratings

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| ΨΨΨΨΨ | A must-see film that combines artistry with psychological relevance |
| ΨΨΨΨ | Highly recommended both as art and as professional education |
| ΨΨΨ | A good film relevant to your education as a mental health professional |
| ΨΨ | Mildly interesting and somewhat educational; probably worth your time |
| Ψ | Description provided for your information only; don't bother with the film |

Anxiety Disorders

40 Year Old Virgin, The (2005) Comedy ΨΨ
Screwball comedy depicting issues relevant to those suffering from social phobia, such as fear of embarrassment, dating/sex fears, social inadequacy, and avoidance behavior.

Adaptation (2002) Comedy/Action ΨΨΨΨ
Multi-layered Spike Jonze film in which Nicholas Cage plays twin brothers, one of whom is a neurotic screenwriter struggling to write a story based on a book about orchids.

Analyze That (2002) Comedy/Action ΨΨ
The follow-up film to *Analyze This*, in which a panic-disordered mob boss (Robert De Niro) malingers to get released from prison, tries to maintain an ordinary job, and is convinced to return while stringing along his psychiatrist (Billy Crystal).

Analyze This (1999) Comedy/Action ΨΨ
The original Billy Crystal/Robert De Niro comedy where De Niro plays the lead thug in a New York mafia group who develops panic attacks. De Niro sees a psychiatrist (Billy Crystal) for treatment.

Arachnophobia (1990) Comedy/Horror ΨΨ
A story about a doctor with a paralyzing fear of spiders. (Actually, the spiders in this film are pretty intimidating, and fear appears to be a perfectly reasonable response.)

As Good As It Gets (1997) Romance ΨΨΨΨ
Jack Nicholson won his third Academy Award

as Best Actor for this film, in which he portrays a homophobic, racist novelist with an obsessive-compulsive disorder.

Aviator, The (2004) Drama/Biography ΨΨΨΨΨ
Directed by Martin Scorsese, this film depicts Howard Hughes Jr.'s (Leonardo DiCaprio) early years (1920–1940s) and the progression of his obsessive-compulsive disorder. Winner of five Academy Awards and a Voice Award.

Batman Begins (2005) Action/Drama ΨΨΨΨΨ
Sophisticated Christopher Nolan film telling the story of Bruce Wayne, a young boy with a phobia who watches his wealthy parents being murdered and subsequently becomes a superhero. Wayne's phobia of bats is conquered through systematic exposure. The movie demonstrates the importance of facing up to what one fears the most.

Big Parade, The (1925) Romance/War ΨΨΨΨ
This epic film about World War I gives the viewer a sense of the stress of combat and the trauma of returning to civilian life minus a leg or an arm.

Big White, The (2005) Drama/Crime Ψ
Black comedy starring Robin Williams, Holly Hunter, Giovanni Ribisi, and Woody Harrelson. Margaret (Hunter) is diagnosed with Tourette's syndrome, which appears to be adult onset (i.e., it doesn't match *DSM-IV-TR* criteria); she has little self-control over her verbal outbursts.

Black Rain (1989) Drama ΨΨΨ
Black-and-white film by Japanese filmmaker Shohei Imamura about the aftermath of the bomb-

ing of Hiroshima and its long-term psychological effects.

“Who’s gonna love me, Dad? Whoever’s going to love me?”

Ron Kovic in *Born on the Fourth of July*
(1989)

Born on the Fourth of July (1989)

Drama/War/Biography ΨΨΨΨ

Oliver Stone film about the anger, frustration, rage, and coping of paralyzed Vietnam veteran Ron Kovic (Tom Cruise). Kovic was thrown out of the 1972 Republican convention, but went on to address the Democratic convention in 1976. The film has especially memorable VA hospital scenes.

Brave One, The (2007) Crime/Thriller Ψ

Jodie Foster plays newlywed a radio talk show host. She survives a brutal attack that leaves her fiancé dead. Following the attack, she is extremely anxious, yet she forces herself to get revenge.

Broken English (2007) Comedy/Drama/Romance ΨΨ

Parker Posey portrays an organizer/secretary/event planner who is bored and passes each day searching for a lover on the Internet. She chooses men who are unavailable because of a fear of commitment. When she gets close to a genuine commitment herself, she has panic attacks.

Bubble (2005) Crime/Drama ΨΨ

Minimalist Steven Soderbergh project about three characters in a poor town, working at a factory. One suffers from anxiety and panic attacks.

Cars that Ate Paris, The (1974, Australia) Comedy Ψ

Early Peter Weir film that takes place in a secluded town in rural Paris, Australia, where the main source of income is the revenue from salvaged valuables from car wrecks. Panic attacks and exposure are depicted.

Casualties of War (1989) War ΨΨΨ

Brian De Palma film about five GIs who kidnap, rape, and murder a young Vietnamese girl. The film deals with themes of guilt, stress, violence, and, most of all, the dehumanizing aspects of war.

Coming Home (1978) Drama/War ΨΨΨΨ

Jon Voigt plays a paraplegic veteran who becomes Jane Fonda’s lover in this sensitive antiwar film. Fonda’s Marine Corps husband winds up committing suicide. Interesting analysis of the various ways different people respond to the stress of war.

Copycat (1995) Suspense/Thriller ΨΨ

Sigourney Weaver plays a criminal psychologist who struggles with agoraphobia symptoms as she helps police track down a serial killer (Harry Connick, Jr.).

Coyote Ugly (2000) Comedy/Drama ΨΨ

A young woman moves to New York City to try to make it as a songwriter. She takes a job as a “coyote” bartender at a wild, interactive bar and the experience helps her overcome her social anxiety.

Creepshow (1982) Horror ΨΨ

A man with an insect phobia winds up being eaten alive by cockroaches. Directed by George Romero, who also directed the classic film *Night of the Living Dead*. Stephen King wrote the screenplay, and the film is actually better than it sounds.

Da Vinci Code, The (2006) Drama/Mystery ΨΨ

This is a Ron Howard film about a murder inside the Louvre. Clues in Da Vinci’s paintings lead to the discovery of a religious mystery protected by a secret society for two thousand years – which could shake the foundations of Christianity. Tom Hanks’ character experiences somatic anxiety symptoms including shortness of breath and discomfort in social situations.

Deer Hunter, The (1978) War ΨΨΨΨΨ

Robert De Niro in an unforgettable film about how Vietnam affects the lives of three high school buddies. The Russian roulette sequences are among the most powerful scenes in film history. Psychopathology themes include drug abuse, PTSD, and depression. The movie won five Academy Awards, including one for Best Picture, and De Niro has described it as his finest film.

Departed, The (2006) Crime/Drama/Mystery ΨΨ

Engaging Martin Scorsese film starring Leonardo DiCaprio, Matt Damon, Jack Nicholson, and Martin Sheen portraying Irish mafia, undercover detectives, and corrupt federal agents. DiCaprio’s character experiences panic attacks and anxiolytics are prescribed.

Dirty Filthy Love (2004, UK) Drama/Comedy
ΨΨΨΨ

An outstanding movie about Mark Furness whose life falls apart as a result of his affliction with obsessive compulsive disorder and Tourette's Disorder. Treatment, support groups, and severe symptoms of OCD and Tourette's are shown in the film.

"I'm not sure there is any help for you."

The dummy's comment to his
ventriloquist Steven in *Dummy* (2002)

Dummy (2002) Comedy/Drama ΨΨ

A predictable film starring Adrian Brody as Steven, an aspiring ventriloquist, who is unemployed, naïve, passive, and socially awkward until he finds meaning and social support through his "dummy." Interesting metaphor of the socially phobic person finding his "inner voice." All ventriloquism in the film is actually performed by Adrian Brody. The DVD features interviews and comic classes with champion ventriloquist Jeff Dunham.

Elling (2001) Drama ΨΨΨΨΨ

Norwegian film about two men released from a psychiatric hospital and must prove themselves capable of coping with everyday life. Oscar nominee for Best Foreign Film.

Enduring Love (2004) Drama/Mystery ΨΨΨ

Several men try to save a boy in a hot air balloon that is out of control. All but one let go and the one who hangs on dies; the resulting PTSD and a character with delusional disorder are portrayed.

Everything Is Illuminated (2005) Comedy/Drama ΨΨ

A young Jewish American travels to the Ukraine to find the woman who saved his grandfather from the Nazis. He stores everything in small plastic bags and claims to have a phobia of dogs, but ends up sharing both the backseat of a car and then a bed with a dog.

FearDotCom (2002) Thriller/Horror Ψ

Various characters access a deadly website that makes their deepest fears or phobias come true (e.g., one has a phobia of beetles and soon is covered by them).

Fearless (1993) Drama ΨΨ

Jeff Bridges in an engaging film that portrays some of the symptoms of anxiety in airline crash survivors. Interesting vignettes show group therapy for PTSD victims.

Final Cut, The (2004) Drama/Thriller Ψ

Some PTSD symptoms are displayed in a man (Robin Williams) who creates "rememories" for people at funerals using a microchip implanted in the people's heads while they were living.

Fisher King, The (1991) Drama/Fantasy/Comedy
ΨΨΨ

Jeff Bridges plays a former talk show personality who unwittingly encourages a listener to go on a shooting spree. Bridges' withdrawal, cynicism, and substance use can all be interpreted and understood in the context of a post-traumatic stress disorder.

"If you ladies leave my island, if you survive recruit training... you will be a weapon, you will be a minister of death, praying for war. But until that day you are pukes."

Drill instructor Hartman in
Full Metal Jacket (1987)

Full Metal Jacket (1987) War ΨΨΨ

Stanley Kubrick's Vietnam film. The first half of the film is devoted to life in a Marine boot camp, and it is a good illustration of the stress associated with military indoctrination. One of the recruits kills his drill instructor and then commits suicide in response to the pressures of boot camp.

Hamburger Hill (1987) War ΨΨ

A graphic presentation of the stress and horror of war.

High Anxiety (1977) Comedy ΨΨ

Mel Brook's spoof of Hitchcock classics about a psychiatrist who works at "The Psycho-Neurotic Institute for the Very, Very Nervous." The film is better if you've seen the Hitchcock films on which the parody builds.

Home of the Brave (2006) Action/Drama ΨΨ

Soldiers returning from the war in Iraq attempt to reintegrate back home but struggle with the memo-

ries and ramifications of having served in war. Winner of a Voice Award.

House of Games (1987) Crime ΨΨ

Lindsay Crouse plays the lead role as a psychiatrist who has just written an important book on obsessive-compulsive disorders. She becomes obsessed with confidence games and is slowly drawn into the criminal life.

In Country (1989) Drama ΨΨ

Bruce Willis plays a Vietnam veteran with post-traumatic stress disorder who is unable to relate meaningfully to the world around him until he visits the Vietnam memorial.

In the Bedroom (2001) Drama/Suspense ΨΨΨΨ

Introspective film with a talented cast that examines grief, despair, and revenge after the murder of someone deeply loved. Marisa Tomei's character develops an Acute Stress Disorder following the trauma. The film makes good use of silence; these scenes underscore the tension, unspoken feelings, and underlying pain associated with the death of a loved one.

Inside Out (1986) Drama ΨΨ

A little known but interesting film in which Elliott Gould plays a man with agoraphobia. He is able to obtain food, sex, and haircuts in his home, but finds that he cannot meet *all* his needs without leaving his house.

Jacob's Ladder (1990) Drama ΨΨ

Complex film about a Vietnam veteran who has dramatic hallucinations of indeterminate etiology (possibly the result of military exposure to experimental drugs).

"What does your therapist think of all this?"

"Oh, I would never tell my therapist."

"Why not?"

"Because it's private."

Dialogue in *Kissing Jessica Stein* (2002)

Kissing Jessica Stein (2002) Comedy ΨΨΨ

Quality independent film about a neurotic, young woman who in exploring her sexuality and intra-personal life is able to extend beyond her rigidity and generalized anxiety.

Lady in a Cage (1964) Drama/Suspense ΨΨ

Olivia de Havilland plays an upper class woman trapped inside her home elevator. The film melodramatically portrays claustrophobia and panic.

"Take it all but in the name of humanity, let me out of this cage."

Cornelia Hilyard in *Lady in a Cage* (1964)

Manchurian Candidate, The (2004) Drama/Suspense ΨΨΨ

The new version of this classic film stars Denzel Washington as a Gulf War veteran with PTSD, paranoia, and memories he cannot understand, which lead him to unravel a conspiracy involving brain washing and political maneuvering.

Manchurian Candidate, The (1962) Drama/Suspense ΨΨΨ

Original version stars Frank Sinatra as the veteran who experiences flashbacks and PTSD symptoms.

M*A*S*H (1970) Comedy/War ΨΨΨ

Wonderfully funny Robert Altman film about military surgeons and nurses who use alcohol, sex, and humor to cope with the stress of war. The portrayal of Hawkeye Pierce, half-drunk but always ready for surgery, is troubling for mental health professionals.

Matador, The (2005) Comedy ΨΨ

Pierce Brosnan plays a narcissistic, antisocial "hit man." He suffers from panic attacks (without agoraphobia) that affect his ability to work.

"I've got things a certain way."

Roy Waller in *Matchstick Men* (2003)

Matchstick Men (2003) Comedy ΨΨΨΨ

Nicholas Cage plays Roy Waller, a con man with OCD, agoraphobia with panic, tics, and antisocial personality in this interesting Ridley Scott film. Upon meeting his estranged daughter things begin to change for Waller.

Nothing (2003) Comedy ΨΨΨ

A Vincenzo Natali film about two men who make things disappear by hating and wishing. The film is based on the relationship two good friends, a travel agent who works from home and suffers from severe agoraphobia and a self-absorbed loser who is treated with contempt.

Obsession (1976) Thriller Ψ

Brian De Palma version of Hitchcock's *Vertigo*. The De Palma film doesn't live up to the original.

Open Water (2003) Suspense Ψ

A young couple on a scuba diving trip are left behind to fend for themselves. Sharks circle, distant boats do not see the divers, and fish bite at them. While the film depicts the terror someone would experience if abandoned in the open water, it is not a notable depiction of an anxiety disorder.

Panic Room (2002) Crime/Suspense Ψ

Jodie Foster plays a claustrophobic woman who becomes imprisoned in the panic room of her house when burglars enter.

"Sergeant, I want you to arrange for the immediate transfer of this baby out of my regiment. I won't have any of our brave men contaminated by him."

Paths of Glory (1957)

Paths of Glory (1957) War ΨΨΨΨΨ

Kirk Douglas in an early Stanley Kubrick film about the horrors and stupidity of WWI. There is a memorable scene in which a general repeatedly slaps a soldier, trying without success to bring him out of his shell-shocked state. The scene was repeated in the 1970 film *Patton*.

Pawnbroker, The (1965) Drama ΨΨΨ

Rod Steiger plays a concentration camp survivor who watched his wife being raped and his children being murdered; he copes by becoming numb. Interesting flashback scenes. Steiger lost the 1965 Academy Award for best actor to Lee Marvin in *Cat Ballou*.

Patton (1970) War/Biography ΨΨΨΨ

George C. Scott is perfect in the role of the controversial general who was relieved of his

command after slapping a crying soldier who had been hospitalized for combat fatigue, or what would now be called post-traumatic stress disorder. The film won an Academy Award as Best Picture and George C. Scott won the Oscar for Best Actor.

"I want you to remember that no bastard ever won a war by dying for his country. He won it by making the other poor dumb bastard die for his country."

Gen. George S. Patton Jr. in *Patton* (1970)

Phobia (1980) Horror/Mystery Ψ

Canadian film about the systematic murders of phobic psychiatric patients.

Play It Again Sam (1972) Comedy/Romance ΨΨ

Early Woody Allen film depicting social anxiety. A neurotic film critic's wife leaves him and he is crushed. His hero is a tough guy (Humphrey Bogart) whose apparition begins showing up to give him advice. He actually tries dating again and is unsuccessful until he learns to relax.

Princess and the Warrior, The (2000) Drama ΨΨΨΨ

A nurse at a psychiatric hospital is hit by a truck and saved by a crook who cuts a hole in her throat and breathes for her. Upon recovering, the nurse goes on a journey of purpose to find this man. A minor character has PTSD. One intensely graphic and chilling scene depicts a kind-hearted adolescent with **pica**; believing the nurse has rejected him, the teenager eats glass.

Raiders of the Lost Ark (1981) Adventure ΨΨ

Steven Spielberg film with Harrison Ford as anthropologist Indiana Jones, who is forced by the situational demands of heroism to overcome his snake phobia.

Red Eye (2005) Horror/Thriller Ψ

Wes Craven film portraying a character who hates to fly but finds herself on the red eye flight to Miami trapped with a villainous and charming middle-man in a plot to assassinate a Homeland Security official.

San Francisco (1936) Romance/Disaster ΨΨΨ

This is one of the greatest disaster films ever made, and the special effects give the viewer some appreciation for the acute stress one would experience in a real earthquake. Clark Gable and Spencer Tracy have memorable roles in this film.

She's One of Us (2003, France) Drama ΨΨ

A socially awkward and anxious woman struggles in her social interactions. Watch for echoes of Dostoyevsky's "Dream of a Ridiculous Man."

Shoah (1985) Documentary ΨΨΨΨΨ

Widely praised nine-hour documentary about the Holocaust. The film offers some insight into the behavior of both the German officials and their victims and illustrates antisocial personalities and post-traumatic stress disorders.

Something's Gotta Give (2003) Comedy ΨΨ

Jack Nicholson stars as a man who experiences panic attacks as he gradually falls in love with a woman played by Diane Keaton.

Stranger than Fiction (2006) Comedy ΨΨΨ

An IRS auditor (Will Ferrell) suddenly finds himself the subject of a novel being read by the author that only the auditor can hear. The narration affects his entire life – his work, relationships, living situation, and livelihood – including his obsessive behavior (e.g., counting toothbrush strokes and steps).

Twelve O'Clock High (1949) War ΨΨΨ

Gregory Peck in an interesting presentation of the stress of combat and the ways in which leaders can influence the behavior of those they lead.

Unmarried Woman, An (1978) Drama/Comedy ΨΨΨ

Tender, sensitive, and funny film about Jill Clayburgh learning to cope with the stress of being a single parent after her husband abandons her. Her friends, a psychiatrist, and an affair with Alan Bates all help.

"I have this acrophobia. I wake up at night and I see that man falling."

John Ferguson describing his symptoms in *Vertigo* (1958)

Vertigo (1958) Thriller ΨΨΨΨΨ

Wonderful Hitchcock film in which James Stewart plays a character whose life is dominated by his fear of heights. He attempts a self created behavior modification program early in the film without success.

Waiting for Ronald (2003) Short Film/Drama ΨΨΨ

This short film about a man who leaves a supervised residence to live with a friend in the community depicts OCD with a hand-washing compulsion.

Walking on Water (2002) Drama ΨΨ

Australian film about a man who becomes haunted by intrusive memories and deteriorates into self-destructive behavior after suffocating a gay friend who was dying of AIDS.

War of the Worlds (2005) Action ΨΨ

Directed by Steven Spielberg and starring Tom Cruise, Dakota Fanning, and Tim Robbins, this film depicts the impact of an alien invasion on a blue-collar father and two children. Cruise's character responds to tragedy with shock; his daughter develops a phobia; and Robbins' character has a psychotic break.

What About Bob? (1991) Comedy ΨΨ

Bill Murray plays an anxious patient who cannot function without his psychiatrist, played by Richard Dreyfuss. Not a great film, but a fun movie that explores the doctor-patient relationship and the obsessive-compulsive personality.

"As a four limb person, I don't feel incomplete. It's more of a feeling that my body doesn't belong to me."
 "The relief from the 50 years of torment I had was indescribable."
 "I'm complete now."

Comments from individuals who want or have had healthy limbs removed in *Whole* (2003)

Whole (2003) Documentary ΨΨ

Fascinating documentary about individuals who have a strong desire to have one of their limbs amputated, despite being totally healthy. Presents

interesting differential diagnostic questions. Is this OCD, Body Dysmorphic Disorder, an identity disorder, or self-mutilation? One psychiatrist, who interviewed 53 people with this condition, proposed the rubric “Body Integrity Identity Disorder.”

Without a Paddle (2004) Drama/Comedy Ψ

Three friends go canoeing after the death of a friend. One is painfully neurotic with numerous phobias including fear of small spaces, the dark, and cellophane wrap. He copes with difficult situations by pretending he is a *Star Wars* character.

Dissociative and Somatoform Disorders

3 Women (1977) Drama $\Psi\Psi\Psi\Psi$

Strange but engaging Robert Altman film about two California women who seem to exchange personalities.

Agnes of God (1985) Mystery $\Psi\Psi\Psi$

Good performances by Anne Bancroft, Meg Tilly, and Jane Fonda. Fonda plays a court-appointed psychiatrist who must make sense out of pregnancy and apparent infanticide in a local convent. Good examples of *stigmata*, an example of conversion.

Altered States (1980) Science Fiction $\Psi\Psi$

Not entirely satisfying film based in part on the sensory deprivation experiments of Dr. John Lilly. The scientist (William Hurt) combines isolation tanks with psychedelic mushrooms to induce altered states of consciousness. Good special effects.

“This is poetry, and don’t you deny it. Come back to me when you’ve written something really perverse, really depraved.”

An editor reviews Isabelle’s work in
Amateur (1994)

Amateur (1994) Drama/Comedy $\Psi\Psi$

Hal Hartley film in which a man who is amnesiac as a result of a traumatic head injury takes up with a nun who has left the convent to write porno-

graphic novels. Almost every character in the film has a complex double identity and is uncertain about who he or she *really* is.

Anastasia (1956) Drama $\Psi\Psi\Psi\Psi$

Yul Brynner, Helen Hayes, and Ingrid Bergman star in this film about an amnesiac woman who is believed to be the lost princess Anastasia, daughter of the last czar of Russia.

Bandits (2001) Comedy $\Psi\Psi$

Loosely based on a true story about two criminals who rob banks in a non-violent way. One of the men (Billy Bob Thornton) is hypochondriacal. In interviews, Thornton stated it was not much of a “stretch” to play this role – has acknowledged phobias for both antique furniture and plastic cutlery.

Black Friday (1940) Horror $\Psi\Psi$

Boris Karloff and Bela Lugosi star in this film about transplanting a gangster’s brain in a college professor’s cranium.

Butterfly Effect, The (2003) Drama/Suspense $\Psi\Psi$

A young man (Ashton Kutcher) tries to change his traumatic past with unpredictable and increasingly problematic consequences. When he reflects on blackouts, he enters the memory and is able to change it for the long-term but must face the consequences of the change each time. The film attempts to depict chaos theory, and opens with a famous quotation.

Cyrano de Bergerac (1990, France) Romance $\Psi\Psi\Psi$

Gerard Depardieu stars as the inimitable Cyrano, a man obsessed with the size of his nose and convinced it makes him forever unlovable.

Dark Mirror, The (1946) Thriller Ψ

Olivia De Havilland plays both parts in a story of twin sisters, one of whom is a deranged killer.

Dead Again (1991) Mystery/Romance $\Psi\Psi\Psi$

Emma Thompson costars with her husband, Kenneth Branagh (who also directed the film). The movie illustrates traumatic amnesia and its treatment through hypnosis. The hypnotist, an antique dealer, is not the most professional of therapists!

Despair (1979) Drama $\Psi\Psi\Psi\Psi$

Fassbinder film based on a novel by Vladimir Nabokov. A Russian Jew émigré in Germany who runs a chocolate factory kills another man who

Tattoo (1981) Drama Ψ

Mentally ill tattoo artist kidnaps a model and uses her body as a canvas for his art. This is the type of movie that perpetuates stigma and prejudice about mental illness.

Thelma & Louise (1991) Drama/Comedy ΨΨΨ

Two women friends on the road for a weekend lark wind up fleeing from the law and end their lives in a defiant suicidal act. Powerful feminist film.

There Will Be Blood (2007) Drama/Thriller ΨΨΨ

Daniel Day-Lewis portrays a charismatic, ruthless oil prospector in this story of greed, religion, and family.

Time to Kill, A (1996) Drama ΨΨΨ

Samuel Jackson plays an angry father who murders two white men who have raped his daughter. The film explores themes of racial and social injustice, temporary insanity, and justifiable homicide.

Treasure of the Sierra Madre, The (1948) Drama ΨΨΨΨ

Tremendous John Huston film starring Humphrey Bogart. The movie explores obsessive greed, the folly of avarice, and the ways in which love of money can come to be the dominant force in one's life. Bogart's character is an example of a paranoid personality disorder.

"Badges? We ain't got no badges! We don't need no badges. I don't have to show you any stinkin' badges!"

The Treasure of the Sierra Madre
(1948)

Triumph of the Spirit (1989) Biography ΨΨΨ

Story of Auschwitz concentration camp during World War II. Good introduction to the horrors and stress of concentration camp life.

Twist of Faith (2004) Documentary ΨΨ

A firefighter faces the trauma of childhood sexual abuse by a priest, speaking to the shame, horror, anger, and dissociation that occurs. He discusses the significant impact of abuse on his life.

Two Women (1961) War/Drama Ψ

This Vittorio de Sica film starring Sophia Loren

examines war, rape, coming of age, and mother-daughter relations. Loren won an Academy Award as Best Actress for this film.

Virgin Spring, The (1959) Drama ΨΨΨ

An Ingmar Bergman film examining the rape and murder of a young girl by three bandits.

Vulgar (2002) Drama ΨΨ

A man working as a clown for children decides he can make more money working as a clown at bachelor parties. He is tortured, gang raped, and blackmailed by a psychopath and his two sons. The film graphically depicts trauma and violence, but there are also comic moments.

Waitress (2007) Comedy/Drama ΨΨΨΨΨ

Inspirational story of a young, pregnant waitress (Keri Russell) who is not enthusiastic about her pregnancy because the child's father is her psychologically abusive and controlling husband (Jeremy Sisko). Sadly, the film's director, Adrienne Shelly, was murdered before the film was widely released to critical acclaim (Shelly's young daughter appears in the final scene).

War of the Roses, The (1989) Drama/Thriller ΨΨ

Marital conflict slowly progresses into an incredible, destructive battle between Oliver and Barbara Rose (Michael Douglas and Kathleen Turner).

Warrior, The (2001, UK/France/Germany) Drama/Adventure ΨΨΨ

A warrior, working for a cruel lord as an executioner in feudal India, takes up the practice of non-violence. His new mission becomes particularly challenging when his son is kidnapped and killed in front of him.

Zodiac (2007) Crime/Biography ΨΨ

Jake Gyllenhaal portrays an amateur detective in San Francisco who becomes obsessed with tracking down a serial killer in this David Fincher film.

Treatment

Antwone Fisher (2003) Drama/Biography ΨΨΨ

Troubled and angry sailor gets in fights and is referred to a psychiatrist (Denzel Washington). Their relationship develops and he becomes comfortable sharing his history of childhood abuse

and trauma; he makes amends with his past and healing begins. Fair and balanced portrayal of a psychiatrist.

Article 99 (1992) Comedy Ψ

Unsuccessful M*A*S*H*-like attempt to ridicule the quality of care provided in Veterans Administration medical centers.

Bad Timing: A Sensual Obsession (1980) Drama $\Psi\Psi$

Interesting and provocative film in which a psychiatrist becomes sexually involved with a troubled and self-destructive woman.

Badlands (1973) Crime/Drama $\Psi\Psi\Psi$

This film is based on a true story about a sociopathic young man who takes up with a 15-year-old girl and goes on a killing spree. The film effectively portrays the lack of guilt and remorse that in part defines the antisocial personality.

“Without treatment, John, the fantasies may take over entirely.”

Dr. Rosen attempting to educate John Nash on the importance of continuing his treatment regimen in *A Beautiful Mind* (2001)

Beautiful Mind, A (2001) Drama $\Psi\Psi\Psi\Psi$

Based on Sylvia Nasar’s biography with the same name. Russell Crowe portrays John Forbes Nash, a mathematical genius and Nobel Prize laureate in Economics, who battles schizophrenia and is treated with antipsychotics and insulin-shock therapy.

Beautiful Dreamers (1992) Drama/Biography $\Psi\Psi\Psi\Psi$

True story about poet Walt Whitman’s visit to an asylum in London, Ontario. Whitman is shocked by what he sees and persuades the hospital director to offer humane treatment. Eventually, the patients wind up playing the townspeople in a game of cricket.

Beyond Therapy (1987) Comedy Ψ

Disappointing Robert Altman film about New York yuppies and their psychiatrists.

Butcher’s Wife, The (1991) Romance/Fantasy $\Psi\Psi$

Greenwich Village psychiatrist Jeff Daniels finds Demi Moore, the butcher’s wife, is giving advice at least as good as his own.

Cabinet of Dr. Caligari, The (1919) Horror $\Psi\Psi\Psi\Psi$

German expressionistic film about hypnosis and the power of a hypnotist to induce others to do his bidding. One of the earliest stereotypic presentations of the madman who runs a psychiatric hospital.

Captain Newman, M.D. (1963) Comedy/Drama $\Psi\Psi\Psi$

Sympathetic story about an Army psychiatrist (Gregory Peck) taking on the military bureaucracy to provide effective treatment for Bobby Darin. Darin is clearly manic and ultimately commits suicide.

Carefree (1938) Musical/Dance $\Psi\Psi$

Fred Astaire is a psychiatrist who was talked out of being a dancer. Ginger Rogers is referred to him for treatment (hypnosis) so she can learn to love one of Astaire’s friends; he complies with her request, but predictably falls in love with her himself.

Caretakers, The (1963) Drama Ψ

Second-rate film that documents life in a West Coast psychiatric hospital and portrays some of the problems associated with introducing innovations in hospital settings.

Changeling (2008) Drama $\Psi\Psi\Psi$

Based on a true story, Angelina Jolie portrays a desperate but persistent mother whose son is kidnapped by a serial child murderer. She battles with a corrupt Los Angeles police force and a manipulative psychiatrist who twists her words, attempts to blackmail her, uses ECT to punish his patients, and holds innocent women captive in the hospital to protect the police department.

Chattahoochee (1990) Drama $\Psi\Psi\Psi$

Korean War veteran with a post-traumatic stress disorder is hospitalized and treated. Dennis Hopper has a major role as a fellow patient.

Clockwork Orange, A (1971)

Science Fiction $\Psi\Psi\Psi\Psi\Psi$

Fascinating interpretation of Anthony Burgess’ novel. The portrayal of aversion therapy is somewhat heavy-handed but raises legitimate questions