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September 2022



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Psychological Assessment; Child and Adolescent Psychotherapy, Clinical Child Psychology; Child and Adolescent Psychiatry; Developmental and Educational Psychology Child psychologists, child psychiatrists, pediatricians, child psychotherapists, and developmental practitioners, as well as students.



Louise Stroud / Elizabeth Green (Eds.)

# Griffiths III - A Case Study Book for Practitioners

2023, xvi + 216 pp. ISBN 978-0-88937-591-8

Louise Stroud Elizabeth Green (Editors) Griffiths III – A Case Study Book for Practitioners





Softcover

Dimensions: 7 x 10 inches 17.78 x 25.4 cm

Prices: US \$45.80 CAD \$57.80 € 39.95 CHF 52.90 £.33.80 eBook (PDF):

ISBN 978-1-61676-591-0

eBook (ePUB):

ISBN 978-1-61334-591-7

Prices: US \$40.99 CAD \$49.99 € 35.99 CHF 48.00 £ 29.99

#### Apply the Griffiths III more effectively

Written by world renowned practitioners of the Griffiths Scales of Child Development, Third Edition (Griffiths III), this volume presents individual case studies to assist practitioners and trainees in making full use the Griffiths III to comprehensively assess a child's development. Practitioners will learn about tracking and monitoring development and how to measure the impact of intervention – creating more informed decisions about the management and placement of the child.

Two introductory chapters examine the Griffiths III as a child development assessment tool, looking in detail at its psychometric properties and how to use the test to interpret, plan, and understand a child's performance as well as the child's strengths and challenges. Grouped

according to five color zones for ease of reading, 15 case studies are presented for children with a wide range of abilities and from 10 different countries. The book is based on four conceptual frameworks: the ICF-CY, ESSENCE, the link between function and intervention, and Ruth Griffith's Avenues of Learning theory. Throughout the examples, the perspective of the child is placed at the center and their voices are included in the plans described. Key concepts, points of importance, and questions for the reader are included at the end of each chapter.

The book is aimed at practitioners of the Griffiths III, but it is also of interest to a wider range of developmental practitioners, including child psychologists, child psychiatrists, pediatricians, and child psychotherapists.

"This excellent compilation of case studies will be a handy resource for the use of Griffiths III with children with different developmental profiles and for assisting in the interpretation of the results."

Soundara Somasundaram, MRCPCH, Associate Specialist in Community Paediatrics, NHS Lothian, Edinburgh, UK



Louise Stroud / Elizabeth Green (Eds.)

## Griffiths III - A Case Study Book for Practitioners

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#### The editors



**Louise Stroud, PhD,** is a registered clinical psychologist and full professor employed in the Department of Psychology of the Faculty of Health Sciences at the Nelson Mandela University in Port Elizabeth, South Africa. She is also the lead researcher for the Association for Research in Infant and Child Development (ARICD, https://www.aricd.ac.uk/) based in Manchester, UK. Her specific research interests include the study of the psychology of people and their lives, the development of children, neuropsychology, and ecopsychology.



**Elizabeth Green, MD,** is a retired developmental pediatrician, former consultant in pediatric rehabilitation at Chailey Heritage Clinical Services, former medical director of South Downs Health NHS Trust in Brighton, and past president of ARICD. She currently holds the research chair and is a trustee of ARICD. She is also a trustee of the Chailey Heritage Foundation and research associate at the Psychology Department at the Nelson Mandela University in South Africa.

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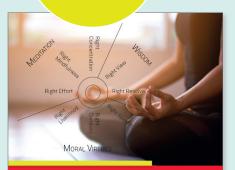
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Psychotherapy, Clinical Psychology, and Counseling; Health and Medical Psychology and Psychosomatics; Neurosciences, Biological Psychology, Neuropsychology

Psychologists, counselors, coaches, psychiatrists, as well as students and anyone interested in understanding more about meditation.



Peter Sedlmeier

## The Psychology of Meditation

Varieties, Effects, Theories, and Perspectives

2022, xii + 294 pp. ISBN 978-0-88937-576-5

Peter Sedlmeier The Psychology of Meditation

Varieties, Effects, Theories, and Perspectives



Softcover eBook (PDF):

Dimensions: ISBN 978-1-61676-576-7 6 x 9 inches **eBook (ePUB):** 15.24 x 22.86 cm ISBN 978-1-61334-576-4

Prices: Prices: US \$44.80 US \$39.99 CAD \$55.80 CAD \$49.99 € 38.95 € 34.99 CHF 51.50 CHF 48.00 £ 32.80 £ 29.99

#### A unique look at the scientific psychology of meditation

What is meditation? What do people hope to get from practicing it and what do they really get? How can the effects of meditation be explained? And what are the best approaches to researching the psychology of meditation so we can understand more? This volume provides state-of-the-art answers to these questions. Contrary to commonly accepted wisdom, meditation comes in huge varieties and the reasons why people begin to meditate (and stay with it) are also numerous and diverse. Even mindfulness, which is often (wrongly) used as a synonym for meditation, comes in many forms.

This book first describes the varieties of meditation in detail and then succinctly summarizes the beneficial effects found in the avalanche

of studies available, especially in clinical contexts, and also explores recently emerging topics such as negative effects and the impact of ethics and spirituality. The author expertly provides theories of four main traditional meditation approaches, which has never been done before in this form, and gives a critical overview of Western approaches to explain the effects of meditation. In conclusion, he makes recommendations on how to improve future meditation research.

This book is of interest to meditation researchers, mental health practitioners, students interested in meditation and mindfulness, and to everybody who seriously wants to know more about the topic.

"Readable, rigorous, and well-researched, this book reveals where the field is at today and lays out a roadmap for the research of tomorrow."

Kieran C. R. Fox, PhD, School of Medicine, Stanford University, CA, USA



Peter Sedlmeier

## The Psychology of Meditation

Varieties, Effects, Theories, and Perspectives

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#### The author



Peter Sedlmeier is Professor of Psychology at the Chemnitz University of Technology, Germany. He mainly teaches research methods and cognitive psychology. Apart from the psychology of meditation, his current areas of interest include intercultural research, time processing, and computer modeling of cognitive and statistical processes. He has had an ongoing meditation practice for more than 20 years, mostly Zen, interspersed with some extended excursions into the Theravada world, and some experience in Yoga meditation and TM.

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Teresa L. Deshields Jonathan L. Kaplan Lauren Z. Rynar dvances in Psychotherapy -

## Psychological Approaches to Cancer Care



Teresa L. Deshields/Jonathan L. Kaplan/Lauren Z. Rynar

## Psychological Approaches to Cancer Care

Advances in Psychotherapy -Evidence-Based Practice, vol. 46 2023. vi + 86 pp. ISBN 978-0-88937-511-6

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## Practical and scientific guidance on psychological interventions for patients with cancer

Psychosocial oncology is a health psychology specialty that focuses on the psychological, behavioral, emotional, and social challenges faced by patients with cancer and their loved ones. Cancer can cause significant distress, and psychosocial interventions are known to be effective for helping patients and families navigate the many issues that can arise at any stage of the cancer continuum.

This volume provides psychologists, physicians, social workers, and other health care providers with practical and evidence-based guid-

ance on the delivery of psychological interventions to patients with cancer. The multidisciplinary team of authors succinctly present the key principles, history, and theoretical models of cancer-related distress and explore clinical assessment and interventions in cancer care, in particular psychological and psychiatric treatments, multidisciplinary care management, and supportive interventions. Case vignettes provide clear insights into diagnostic processes and treatment planning, and printable handouts and screening tools are invaluable for practitioners.

"I strongly recommend this book to both trainees and advanced practitioners who want to have the most recent advances in the field at their fingertips."

Matthew Loscalzo, LCSW, APOS Fellow, Executive Director, People & Enterprise Transformation; Emeritus Professor of Supportive Care Medicine and Professor of Population Sciences at City of Hope, CA



Teresa L. Deshields/Jonathan L. Kaplan/Lauren Z. Rynar

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Advances in Psychotherapy - Evidence-Based Practice, vol. 46

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### The authors



Teresa Deshields, PhD, ABPP, is the Director of Supportive Oncology at Rush University Cancer Center and a professor in the Departments of Medicine, and Psychiatry and Behavioral Sciences at Rush University Medical Center in Chicago. She is a clinical health psychologist, and her clinical practice is devoted to treating cancer patients and their family members, throughout the cancer continuum. Her research is focused on issues related to symptom burden and quality of life in cancer patients and survivors.



Jonathan Kaplan, MD, is an assistant professor in the Departments of Psychiatry and Behavioral Sciences and Medicine at Rush University Medical Center. He is the psychiatrist for the Rush University Cancer Center and a consultation-liaison psychiatrist at Rush University Medical Center. He specializes in the psychiatric treatment of medically complex patients including patients with cancer. His research interests include psycho-oncology and collaborative care psychiatry



Lauren Z. Rynar, PhD, is an assistant professor in the Department of Psychiatry and Behavioral Sciences and a clinician in the supportive oncology program at the Rush University Cancer Center. She specializes in the psychological care of cancer patients, survivors, and caregivers. Her research interests include quality of life, coping styles, cancer-related distress, and models of supportive care delivery among cancer patients.

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lore m. dickey

Advances in Psychotherapy Evidence-Based Practice

Affirmative Counseling for Transgender and Gender Diverse Clients



lore m. dickey/Jae A. Puckett

# Affirmative Counseling for Transgender and Gender Diverse Clients

Advances in Psychotherapy -Evidence-Based Practice, vol. 45 2023. vi + 104 pp. ISBN 978-0-88937-513-0

Softcover

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Prices: US \$23.99 CAD \$27.99 € 21.99 CHF 29.00 £ 18.99

# Expert guidance on how to provide competent gender-affirming care to trans people

This volume provides fundamental and evidence-based information on working with transgender and gender diverse people in mental health settings. It provides background information on the historical context of care with transgender clients, clarifying terminology, and helping the reader understand diverse experiences of gender. The expert authors outline the key qualities of competent practice with trans clients, such as the use of affirming language and providing a safe environment, and strategies for improving inclusivity and

evidence-based care. dickey and Puckett provide insight into current topics, such as the proper use of pronouns, working with youth, suicide and self-injury, and problematic approaches such as conversion therapy and rapid onset gender dysphoria. Practitioners will find the printable resources invaluable for their clinical practice, including sample letters of support for trans clients who are seeking genderaffirming medical care.

"At some point in their career, virtually every clinician will encounter clients who identify as trans or nonbinary. This book adeptly prepares clinicians for this work in a way that is simultaneously comprehensive and concise. It is a must-read for students and experienced clinicians alike."

Michael L. Hendricks, PhD, ABPP, Washington Psychological Center, Washington, DC; lead author on seminal article developing the minority stress model for transgender people.



lore m. dickey/Jae A. Puckett

## Affirmative Counseling for Transgender and Gender Diverse Clients

Advances in Psychotherapy - Evidence-Based Practice, vol. 45

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#### The authors



lore m. dickey, PhD, ABPP, is a licensed and board-certified counseling psychologist. His work in the field of psychology has included serving as a faculty member at both the undergraduate and graduate levels. Most recently he was a behavioral

health consultant at at North Country HealthCare, a federally qualified health center in Flagstaff, AZ. Although lore is retired, he is actively engaged in writing and speaking about the lives trans people.



Jae A. Puckett, PhD, is a licensed clinical psychologist. They are an assistant professor at Michigan State University where they also direct Trans-ilience: The Transgender Stress and Resilience Research Team, as well as supervise graduate trainees in the Sexual and Gender Minority

Clinic. Dr. Puckett has published numerous articles on the experiences of stress and resilience in the lives of transgender and gender diverse individuals and about affirming clinical practice, in addition to teaching, training, and supervising those providing clinical services to trans clients.

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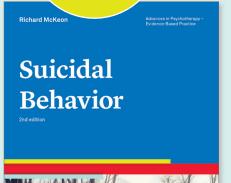
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Richard McKeon

#### **Suicidal Behavior**

Advances in Psychotherapy -Evidence-Based Practice, vol. 14 2nd ed. 2022. viii + 120 pp. ISBN 978-0-88937-506-2



#### Softcover

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Prices: US \$29.80 CAD \$34.80 € 24.95 CHF 32.50 £ 19.90

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ISBN 978-1-61334-506-1 Prices:

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# A new edition with the lastest approaches to assessment and treatment of suicidal behavior

With more than 800,000 deaths worldwide each year, suicide is one of the leading causes of death. The second edition of this volume incorporates the latest research, showing which empirically supported approaches to assessment, management, and treatment really help those at risk. Updates include comprehensively updated epidemiological data, the role opioid use problems, personality disorders, and trauma play in suicide, new models explaining the development of suicidal ideation, and the zero suicide model. This book aims to increase clinicians' access to empirically supported interventions for suicidal behavior, with the hope that these methods will become the standard in clinical practice.

The book is invaluable as a compact how-to reference for clinicians in their daily work and as an educational resource for students and for practice-oriented continuing education. It's reader-friendly structure makes liberal use of tables, boxed clinical examples, and clinical vignettes. The book, which also addresses common obstacles in treating individuals at risk for suicide, is an essential resource for anyone working with this high-risk population.

"The complexity of the challenge that suicide presents is matched only by the clarity of Dr. McKeon's guidance. This is a truly invaluable resource."

Michael Hogan, PhD, Former Chairman, President's New Freedom Commission on Mental Health



Richard McKeon

#### Suicidal Behavior

Advances in Psychotherapy - Evidence-Based Practice, vol. 14, 2nd ed.

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### About the author



Richard McKeon, PhD, MPH, received his doctorate in clinical psychology from the University of Arizona, and a master of public health in health administration from Columbia University. He has spent most of his career working in community mental health, including 11 years as director of a psychiatric emergency service and 4 years as associate administrator/clinical director of a hospital-based community mental health center in Newton, New Jersey. He established the first evidenced-based treatment program for chronically suicidal borderline patients in the state of New Jersey utilizing Marsha Linehan's Dialectical Behavior Therapy. In 2001, he was awarded an American Psychological Association Congressional Fellowship and worked for

US Senator Paul Wellstone, covering health and mental health policy issues. He spent 5 years on the Board of the American Association of Suicidology as Clinical Division Director and has also served on the Board of the Division of Clinical Psychology of the American Psychological Association. He is currently Chief of the Suicide Prevention Branch for the Substance Abuse and Mental Health Services Administration in the US Department of Health and Human Services. He also serves as Co-Chair of the Federal Working Group on Suicide Prevention and participated in the development of the World Suicide Report for the World Health Organization.

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**Santo Di Nuovo, PhD,** Professor Emeritus of Psychology at the University of Catania, Italy, where he was Dean of the Department of Education. President of the Italian Association of Psychology. His research activity focuses on methodology and psychometrics applied to different areas of psychology: cognitive, personality, normal and pathological, legal, clinical, and rehabilitation.

Maria Sinatra, PhD, Professor of Psychology at the University of Bari and at the Institute of Design of Matera, Italy. She has been president of Second Level Degrees, of the Discipline Board, and a Rector's Delegate for Counselling. Her research interests are the historical reconstruction of psychology as well as the psychological aspects of mass-media communication and new addictions.

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# Bullying and Peer Victimization



Amie E. Grills/Melissa Holt/Gerald Reid/Chelsey Bowman

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## A concise guide to understanding, assessing, and addressing bullying

There has been an explosion of media attention on youth bullying and peer victimization over the last decade, with cyberbullying becoming more prevalent through the use of social media. While any bullying has serious negative physical and mental health effects which can lead the bullied individual to great despair and even suicide, there are also negative outcomes for the bullies themselves. This volume provides clinicians with clear guidance on how to assess and treat this complex behavior.

In this evidence-based guide, practitioners learn about bullying, its prevalence, how cyberbullying differs from in-person bullying, what models are available for understanding how bullying occurs, and the best tools and approaches for assessment of these behaviors. The reader is guided through the most effective school-based prevention programs that aim to reduce bullying, and a clinical vignette gives hands-on insight into how a bullying case in a school is managed. Additional resources are provided in an appendix. This book is ideal for educational psychologists, child psychologists, and anyone working with children and adolescents who is committed to helping those being bullied.



Amie E. Grills/Melissa Holt/Gerald Reid/Chelsey Bowman

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#### The authors



Amie E. Grills, PhD, is a professor at Boston University's Wheelock College of Education & Human Development. She is a licensed clinical psychologist and researcher whose work has examined the roles of peer (e.g., bullying), familial (e.g., parental stress), and academic (e.g., achievement) variables on the development of youth internalizing difficulties. She also conducts research on risk and resiliency factors among individuals exposed to traumatic events.



Melissa Holt, PhD, is an associate professor at Boston University's Wheelock College of Education & Human Development, and a licensed psychologist. Dr. Holt's research focuses on adolescents' experiences with victimization and identity-based harassment. She has evaluated the overlap among violence exposures, factors that promote resilience among youth exposed to violence, disparities in victimization and its correlates, and the efficacy of school-based prevention programs.



Gerald Reid, PhD, is a licensed psychologist in private practice in Boston, MA, as well as a parttime faculty member at Boston University's Wheelock College of Education. Dr. Reid has conducted research on the topic of bullying in schools. In his practice, Dr. Reid treats patients who have undergone mental health challenges related to interpersonal stressors, such as bullying.



Chelsey Bowman, PhD, is a post-doctoral psychology fellow at Children's National Hospital in Washington, DC. Dr. Bowman's research interests include understanding the impact of a range of victimization forms, including bullying, on the health and well-being of youth and college students. Clinically, Dr. Bowman provides evidence-based treatments to youth and their families for chronic and acute medical and psychiatric conditions.

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proaches to measuring dark personality, looks at how to deal with dark leadership as well as presenting several empirical contributions on the relationships between dark triad personality traits and states, power motives, motivation to lead, and abusive supervision. This is essential reading for personality researchers, occupational psychologists, and anyone interested in the Dark Triad and other dark personality traits.



Birgit Schyns/Susanne Braun/Pedro Neves (Editors)

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