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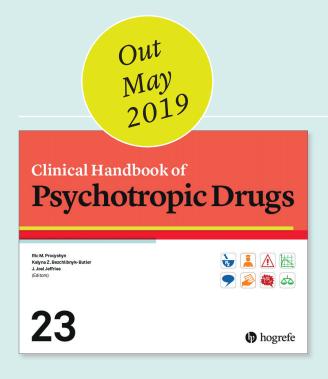
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New in this edition

- Antidepressants chapter includes new section on the NMDA receptor antagonist esketamine (Spravato), recently approved for treatment-resistant depression; also updates to antidepressant use in pregnancy and SPARI drug interactions
- Antipsychotics updates include new section on 5-HT_{2A} inverse agonist antipsychotic (pimavanserin, Nuplazid) and comprehensive revision of augmentation strategies
- Pharmacogenomics chapter fully revised with expanded dose adjustment recommendations and guidelines
- Chart of agents under investigation for treatment of substance use disorders fully revised, new agents include lofexidine (Lucemyra), Kadian, nortriptyline, e-cigarettes
- Unapproved treatments chapter with significant updates, including new sections on adrenergic agents in PTSD (doxazosin), antiflammatory agents in depression (pioglitazone, rosiglitazone, statins), and hormones in schizophrenia (raloxifene)
- Expanded treatment options for extrapyramidal side effects include deutetrabenazine and valbenazine (vesicular monoamine transporter 2 (VMAT2) inhibitors)
- New formulations and trade names include: Adzenys ER (amphetamine), Aristada (aripiprazole), Austedo (deutetrabenazine), Cotempla XR-ODT (methylphenidate), Fanatrex FusePaq (gabapentin), Foquest (methylphenidate), Ingrezza (valbenazine), Jornay PM (methylphenidate), Mydayis (mixed amphetamine salts), Nuplazid (pimavanserin), Spravato (esketamine), Sublocade (buprenorphine), Zelapar (selegiline)

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Clinical Handbook of Psychotropic Drugs

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Persistent Depressive Disorders



Persistent Depressive

Advances in Psychotherapy -Evidence-Based Practice, vol. 43 2019. vi + 106 pp. ISBN 978-0-88937-505-5

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This compact guide is packed with the latest knowledge on the assessment and treatment of persistent depressive disorders (PDDs) – the new DSM-5 diagnosis that amalgamates the categories dysthymic disorder (DD), chronic major depression (MDD), and DD with major depressive episode (MDE).

Written by a leading expert, the book guides us through the complexities of assessing PDDs and the models for understanding how these difficult-to-identify and potentially life-threatening disorders develop and are maintained over long periods. It then outlines those therapies that have the strongest evidence base. The author goes on to explore in detail the cognitive behavioral analysis sys-

tem of psychotherapy (CBASP), a treatment specifically developed for PDDs. This compelling integrated approach incorporates components of learning, developmental, interpersonal, and cognitive theory with aspects of interpersonal mindfulness. We are led expertly through the therapeutic process using clinical vignettes and practical tips, with particular attention paid to identifying the assessment and therapy methods most valuable in CBASP. Printable tools in the appendices can be used in daily practice.

This book will interest clinical psychologists, psychotherapists, psychiatrists, counselors, and students.

"Prof. Penberthy has written an excellent overview of the recent chronic depression category in DSM-5, persistent depressive disorder (PDD), reviewing a highly relevant body of literature and providing extensive summaries of empirically validated treatments. This text is a must-read for psychiatric and psychological practitioners and researchers, as well as anyone who is interested in depression, its biological, psychological, and genetic features, and clinical course."

James P. McCullough, Jr, PhD, Emeritus Professor of Psychology, Virginia Commonwealth University, Richmond, VA



J. Kim Penberthy

Persistent Depressive Disorders

Advances in Psychotherapy - Evidence-Based Practice, vol. 43

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About the author



Dr. J. Kim Penberthy is the Chester F. Carlson Professor of Psychiatry & Neurobehavioral Sciences at the University of Virginia School of Medicine in Charlottesville, VA. She has spent her career treating patients with depressive disorders, training other professionals regarding effective treatments, and conducting research in the effective diagnosis and treatment of depression and related disorders.

Dr. Penberthy is internationally known for her research regarding effective treatment for persistent depression and related disorders using the cognitive behavioral analysis system of psychotherapy (CBASP) and has developed applications for comorbidities and group administration.

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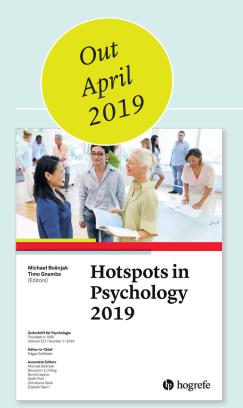
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Michael Bošnjak/Timo Gnambs (Editors)

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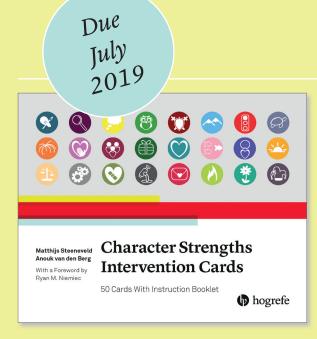
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Foreword by Ryan M. Niemiec

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Ryan M. Niemiec, PsyD, Education Director, VIA Institute on Character, Cincinnati, OH



Matthijs Steeneveld / Anouk van den Berg

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Contents of the Booklet

Foreword by Ryan M. Niemiec

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Signature Strengths
Working With Clients on Character Strengths
Ideas for Using the Character Strength Cards

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Types of Cards





4 information cards with a dark blue border.





6 virtue cards: Each has its own color with the icons of the associated character strengths on the back.





24 character strength cards: The front has the color of the associated virtue and the 24 character strength icons are on the back. The optimal use and an example of overuse and underuse of the character strength are listed on each card.





16 intervention cards are identified by the dumbbell icon and a gray border, and the goal of the intervention is also listed (see target icon).

3

About the authors



Matthijs Steeneveld, MSc, is a positive organizational psychologist. He trains and consults organizations on strengths use, positive organizational change, and psychological capital. He is co-founder of the Dutch Bureau for Positive Psychology, where he trains professionals to work with positive psychology. He is the author of several books on psychological capital, self-compassion, and appreciative inquiry.



Anouk van den Berg, MSc, is a psychologist in institutional mental health care, working with diverse client groups and approaches. She helps people find their strengths to be able to deal with psychological challenges. She works with cognitive behavioral therapy, mindfulness, EMDR, and strengths, performing both therapy and psychodiagnostic research.

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Reducing the Toll of Suicide

Diego De Leo Vita Poštuvan (Editors) Resources for Communities, Groups, and Individuals



Diego de Leo / Vita Poštuvan (Editors)

Reducing the Toll of Suicide

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Leading experts on the latest research and practice in suicide prevention

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In five parts, the internationally renowned team of authors summarises the research looking at understanding individuals (assessing risk in

older adults and psychotherapy with suicidal patients), understanding the groups at risk of suicide (including people in prison, men, and people with mood disorders), understanding the role of community (including the Papageno effect and technology-based and collaborative approaches to prevention), models of understanding suicide (including the integrate motivational-volitional model of suicidal behaviour and the hot air balloon model for postvention with those bereaved by suicide) and understanding the unique ethical and methodological issues associated with research in this field.



Diego de Leo / Vita Poštuvan (Editors)

Reducing the Toll of Suicide

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About the editors



Diego De Leo, MD, PhD, Doctor of Science and Emeritus Professor of Psychiatry, Griffith University, Australia, is the Head of the Slovene Centre for Suicide Research (UP IAM). He has been a world-leading researcher in suicide research and prevention over several decades. He has designed and advised suicide prevention activities, projects, and programs around the world, including his contribution to the World Health Organization.



Vita Poštuvan, PhD, Doctor of Psychology and Assistant Professor of Psychology, is the Deputy Head of the Slovene Centre for Suicide Research (UPIAM). She is involved in research, therapeutic and public-health work related to suicidal behaviour, bereavement, and crisis interventions. She is active in international cooperations promoting mental health.

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This unique book synthesizes the work of leading thinkers of the French School of psychoanalytical projective methods in personality assessment. The French School is a direct successor to Rorschach's and Murray's original approaches using the Rorschach Test and the Thematic Apperception Test (TAT). Underlying this method is the idea of the coexistence of conscious and unconscious processes, of opposite instinctual pairs, and of agents that are ruled by conflicts (Freud). Transitional activity is seen as part of an intermediate space, a mediator space, and bearer of messages between the subject and the clinician (Winnicott).

This book brings to life the important contributions of the French School, firstly exploring its theories and methods and then its clinical applications. Detailed case studies from different stages of life examine the psychopathology of everyday life with its severe and disabling states of suffering. Contemporary advances in research and clinical work are presented, and the groundbreaking early work of Nina Rausch de Traubenberg, Vica Shentoub, and Rosine Debray are also critically reread and discussed. Clinical tools adapted for clinicians and researchers in the appendices include a useful schema to facilitate the interpretation of the Rorschach and TAT together, a list of latent solicitations for the TAT, and the current version of the TAT Scoring Grid.

This book is essential reading for clinical psychologists, psychiatrists, psychotherapists, researchers, and students interested in applying psychoanalytical theory to projective methods.



Benoît Verdon / Catherine Azoulay (Editors)

Psychoanalysis and Projective Methods in Personality Assessment

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About the editors



Benoît Verdon, PhD, clinical psychologist, psychoanalyst, full professor of clinical psychology and psychopathology, Paris Descartes University, assistant director of the research laboratory "Psychologie Clinique, Psychopathologie, Psychanalyse." Past president of the Société du Rorschach et des méthodes projectives de langue française. Memberat-large of the Board of the International Society of the Rorschach and Projective Methods.



Catherine Azoulay, PhD, is clinical psychologist, psychoanalyst, full professor of clinical csychology and psychopathology, Paris Descartes University, and member of the research laboratory "Psychologie Clinique, Psychopathologie, Psychanalyse." Past co-president of the International Network of Research "Projective Methods and Psychoanalysis." She is director of the University Diploma of Projective Psychology (DUPP) at Paris Descartes University.

Sales & Distribution USA/Canada

Hogrefe Publishing 30 Amberwood Parkway Ashland, OH 44805 Tel. 800 228 3749/Fax 419 281 6883 customerservice@hogrefe.com www.hogrefe.com

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