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Handbook of Person-Centered Mental Health Care



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Larry Davidson, PhD, Professor of Psychiatry and Director of the Program for Recovery and Community Health of the Yale University School of Medicine, New Haven, CT



Nosheen Akhtar/Cheryl Forchuk/Katherine McKay/Sandra Fisman/Abraham Rudnick

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Psychiatrists, psychotherapists, clinical psychologists, mental health professionals as well as students.

Fredrike Bannink/Frenk Peeters

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2021. vi + 186 pp. ISBN 978-0-88937-577-2



Fredrike Bannink Frenk Peeters With a foreword by Practicing Positive Psychiatry



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The authors from the fields of medicine and clinical psychology present over 40 applications and many cases and stories to illustrate the four pillars of positive psychiatry: positive psychology, solution-focused brief therapy, the recovery-oriented approach, and nonspecific factors.

The book shows how mental health professionals can significantly increase patient collaboration to co-create preferred outcomes through discovering possibilities and competencies and through building hope, optimism, and gratitude.

Essential reading for psychiatrists, clinical psychologists, other professionals working in the field of mental health care as well as students who want to take a positive focus to make psychiatry faster, lighter, and yes, more fun. We have high hopes that positive psychiatry will become a firm part of the psychiatry of the future.

#### "This book defines a critical time point in the evolution of psychiatry."

Dilip V. Jeste, MD, Past President of the American Psychiatric Association, and Varsha D. Badal, PhD, University of California San Diego



Fredrike Bannink/Frenk Peeters

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#### The Authors



**Fredrike Bannink, PhD,** is a clinical psychologist, child psychologist, and lawyer. She is a trainer and supervisor of the Dutch Association for Behavioural and Cognitive Therapy (VGCt) and cofounder and chair of the Positive CBT section. She is also founder and chair of the Special Interest Group Positive CBT of the European Association for Behavioural and Cognitive Therapies (EABCT). Fredrike has a therapy, training, coaching and mediation practice based in Amsterdam, the Netherlands. She is a pioneer in recognizing and describing the possibilities of working with a positive focus in many different fields, such as (mental) healthcare, education, and law. She is an international keynote speaker, trainer, and author of around 50 books.



**Frenk Peeters, MD,** is a psychiatrist and psychotherapist. He is Professor of Clinical Psychology at the Department of Clinical Psychological Science, Faculty of Psychology and Neuroscience, Maastricht University, Maastricht, The Netherlands. Frenk is specifically interested in improving and renewing treatments for mood disorders; his practice utilizes both the problem-focused as well as the solution-focused approach. He has (co-)authored more than 150 peer-reviewed papers and book chapters, mostly in the field of mood disorders.

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Anna Sagana/Melanie Sauerland (Editors)

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Zeitschrift für Psychologie, Vol. 228/3 2020. iv + 88 pp., large format ISBN 978-0-88937-580-2



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and moreover, that courts often overvalue the quality of evidence. It highlights the need for maximizing safeguards and the importance of proper training among forensic experts and legal practitioners. This can best be accomplished when representatives from different disciplines and professions, law and psychology, research and practice, form allegiances.



Anna Sagana/Melanie Sauerland (Editors)

#### The Psychology of Forensic Evidence

Zeitschrift für Psychologie, Vol. 228/3

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- Describes how and why the ICF Core Sets have been developed
- Explains step-by-step an approach for applying the ICF Core Sets in clinical practice
- Provides practical tips for clinicians to apply the easy-to-use, comprehensive documentation form
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Manual for Clinical Practice

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#### The Editors



Jerome Bickenbach, PhD, LLB, is a member of the steering committee of the ICF Research Branch, was closely involved in the development of the ICF at the WHO, and is a member of the Functioning and Disability Reference Group (FDRG) at WHO.



Alarcos Cieza, Psychologist, PhD, MPH, is a member of the steering committee of the ICF Research Branch. She has led the development process of several ICF Core Sets since 2001. She also led the development of the ICF e-learning tool at WHO and participated in the development of other training materials and of the ICF Core Set documentation tools.



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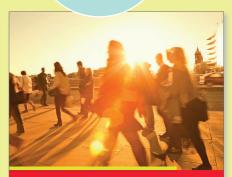
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Kairi Kõlves/Merike Sisask/Peeter Värnik/Airi Värnik/Diego De Leo (Editors)

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The clearly written chapters include both theoretical and practical information along with specific examples from different areas of suicide research and prevention, and also explore essential topics such as psychological autopsies, health economics, and technological advances. This volume is ideal for researchers, students, and academics interested in suicide research, as well as policy makers, clinicians, and other practitioners.



Kairi Kõlves/Merike Sisask/Peeter Värnik/Airi Värnik/Diego De Leo (Editors)

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#### The Editors



Kairi Kölves, PhD, is Principal Research Fellow/Associate Professor at the Australian Institute for Suicide Research and Prevention (AISRAP), and Co-Director of the WHO Collaborating Centre for Research and Training in Suicide Prevention at Griffith University in Brisbane, Ausralia.



Merike Sisask, PhD, is Professor of Social Health Care at Tallinn University, School of Governance, Law and Society (SOGOLAS), and board member of the Estonian-Swedish Mental Health and Suicidology Institute (ERSI) in Tallinn.



Peeter Värnik, PhD, is board member of the Estonian-Swedish Mental Health and Suicidology Institute (ERSI) in Tallinn.



Airi Värnik, PhD, is Professor of Mental Health, School of Natural Sciences and Health, Tallinn University, and founder, board member, and principal investigator at the Estonian-Swedish Mental Health and Suicidology Institute (ERSI) in Tallinn.

Diego De Leo, MD, PhD, Doctor of Science and Emeritus Professor of Psychiatry, Griffith University, Australia, is the Head of the Slovene Centre for Suicide Research (UP IAM), a world-leading researcher in suicide research and prevention over several decades. He has designed and advised suicide prevention activities, projects, and programs around the world, including his contribution to the World Health Organization.



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## New Directions in Metamemory Research

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### Learn about new methods for investigating metamemory and read about the latest developments in the field

Metamemory is ubiquitous in everyday life: We are confronted with what we know about our own learning and memory processes and how we assess and regulate these processes on a daily basis. The research collated here explores new methods for the study of metamemory (computational neuroimaging, verbal reports as data, and time-based measures) and addresses current and emerging research questions that advance our understanding of the basis, validity, and consequences of metamemory. It indicates links between

metamemory and other related concepts, suggests how different perspectives on metamemory may be integrated, and identifies gaps in our knowledge about memory that deserve attention in future research. These new directions are made possible through the knowledge gained from diverse disciplines, including cognitive psychology, developmental psychology, educational psychology, and neuroscience.



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