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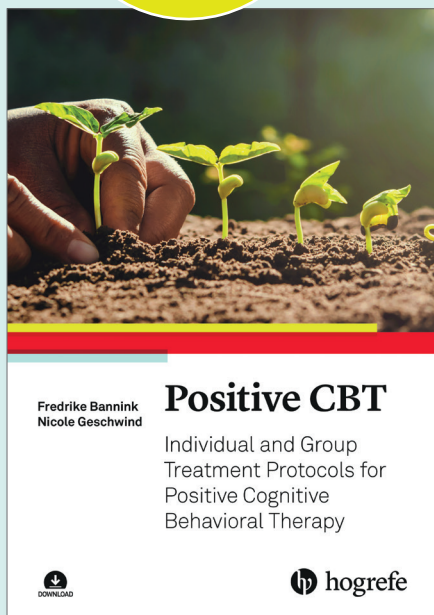
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Clinical psychologists, psychiatrists, psychotherapists, counselors, as well as students.



Fredrike Bannink / Nicole Geschwind

Positive CBT

Individual and Group Treatment Protocols for Positive Cognitive Behavioral Therapy

2021. viii + 144 pp. + two workbooks for clients available online for download. (The materials for this book can be downloaded from the Hogrefe website after registration.)

ISBN 978-0-88937-578-9

Hardcover

Dimensions:
7 x 10 inches
17.8 x 25.4 cm

eBook (PDF):

ISBN 978-1-61676-578-1

eBook (ePUB):

ISBN 978-1-61334-578-8

Prices:

US \$49.80
CAD \$63.80
€ 43.95
CHF 54.90
£ 36.80

Prices:

US \$39.99
CAD \$50.99
€ 38.99
CHF 49.00
£ 30.99

Positive CBT integrates positive psychology and solution-focused brief therapy within a cognitive-behavioral framework. It focuses on building what's right, rather than on reducing what is wrong.

This fourth wave CBT, developed by Fredrike Bannink, is now being applied worldwide for various psychological disorders. An introductory chapter explores the three approaches incorporated in positive CBT. Next, the book presents research into the individual treatment protocol for use with clients with major depressive disorder by Nicole Geschwind and colleagues at Maastricht University. The last chapters describe two 8-session treatment protocols.

The protocols provide therapists with a step-by-step guide on how to apply positive CBT with individual clients and in group therapy. This approach goes beyond symptom reduction and instead focuses on the client's preferred future, on finding exceptions to problems and identifying strengths and competencies. Topics such as self-compassion, optimism, gratitude, and behavior maintenance are explored. In addition to the protocols, two workbooks for clients are available online for download by therapists.

“Psychotherapy in quintessence involves integrating emotions and thoughts to change behavior for the better. Traditional CBT has done this well for a myriad of challenges. [The authors] expand and deepen the integration by adding the next frontier – to increase desired behavior, thus decreasing undesired behavior. The exercises offer clients the skills to foster the fulfillment and wellbeing that are so desirable in our contemporary topsy-turvy world.”

Tayyab Rashid, PhD, C.Psych., University of Toronto Scarborough, ON, Canada; Director of Practice, International Positive Psychology Association (IPPA)

New Releases in 2021

Fredrike Bannink / Nicole Geschwind

Positive CBT

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Notes on Supplementary Materials

The Editors



Fredrike Bannink, PhD, is a clinical psychologist, child psychologist, and lawyer. She is a trainer and supervisor of the Dutch Association for Behavioral and Cognitive Therapies (VGCT) and cofounder and chair of the Positive CBT section. She is also founder and chair of the Special Interest Group (SIG) Positive CBT of the European Association for Behavioural and Cognitive Therapies (EABCT). Her interests lie in the fields of positive psychology and solution-focused interviewing. She is an international keynote speaker, trainer, and author of about 50 books (<https://www.fredrikebannink.com>).



Nicole Geschwind is an assistant professor at the Department of Clinical Psychological Science at Maastricht University. Her research interests are in the field of resilience to depression, in particular the value of positive emotions. By systematically examining the role of positive emotions in facilitating change, and by testing the benefits of a stronger focus on positive emotions in clinical settings, she hopes to contribute to improving psychotherapy.

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Gerontopsychology and Gerontopsychiatry; Psychological Assessment; Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

Clinical psychologists, psychiatrists, psychotherapists, counselors, as well as students.

Nancy A. Pachana / Victor Molinari / Larry W. Thompson / Dolores Gallagher-Thompson
(Editors)

Psychological Assessment and Treatment of Older Adults

2021. xiv + 266 pp.
ISBN 978-0-88937-571-0

Softcover

Dimensions:
7 x 10 inches
17.8 x 25.4 cm

Prices:
US \$59.00
CAD \$74.00
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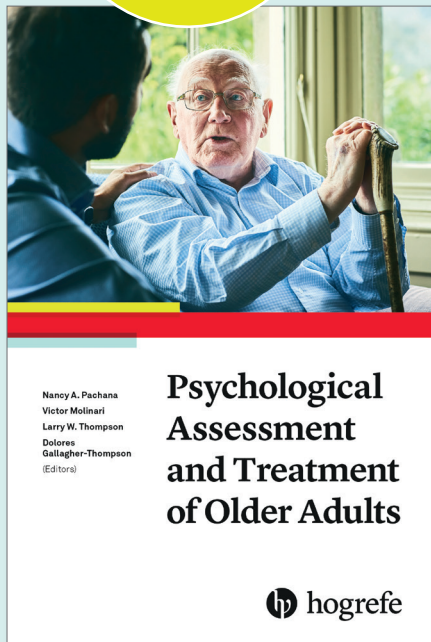
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eBook (ePUB):

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Prices:
US \$46.99
CAD \$58.99
€ 44.99
CHF 57.00
£ 35.99



Comprehensive and expert guidance on working psychologically with older adults

Mental health practitioners are encountering an ever-growing number of older adults and so an up-to-date and comprehensive text addressing the special considerations that arise in the psychological assessment and treatment of this population is vital.

This accessible handbook does just that by introducing the key topics that psychologists and other health professionals face when working with older adults. Each area is introduced and then the special considerations for older adults are explored, including specific ethical and healthcare system issues. The use of case examples brings the topics further to life. An important feature of the book is the interweav-

ing of diversity issues (culture, race, sexuality, etc.) within the text to lend an inclusive, contemporary insight into these important practice components. The Pikes Peak Geropsychology Knowledge and Skill Assessment Tool is included in an appendix so readers can test their knowledge, which will be helpful for those aiming for board certification in geropsychology (ABGERO).

This is an ideal text for mental health professionals transitioning to work with older clients, for those wanting to improve their knowledge for their regular practice, and for trainees or young clinicians just starting out.

“An important and timely book with a stellar roster of contributors to address key topics regarding mental health practice with older adults. This book offers a wealth of practical guidance for those new to professional geropsychology and to seasoned clinicians who want to increase their competencies. This book is an invaluable read and a superb addition to the field. Highly recommended!”

Daniel L. Segal, PhD, Department of Psychology, University of Colorado at Colorado Springs, CO, USA

New Releases in 2021

Nancy A. Pachana / Victor Molinari / Larry W. Thompson / Dolores Gallagher-Thompson (Editors)

Psychological Assessment and Treatment of Older Adults

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Chapter 3: Theoretical Support and Practical Strategies for CBT With Depressed Older Adults

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The Editors



Dr. Nancy A. Pachana is a clinical geropsychologist and professor at The University of Queensland, Australia. She has an international reputation in geriatric mental health, particularly late-life anxiety and driving in later life, and was elected a Fellow of the Academy of Social Sciences in Australia in 2014. She has a passion for expanding research, teaching, international collaboration and early career scientist-practitioner support on mental health issues in later life.



Dr. Victor Molinari is a clinical geropsychologist and professor at the University of South Florida in Tampa Florida, USA. He is Past President of the American Board of Geropsychology (ABGERO). His research interests include professional competencies in geropsychology, serious mental illness in older adults, caregiving training for those with dementia, mental health in older adults, reminiscence interventions, and personality disorder in older adults.



Dr. Larry Thompson is a clinical geropsychologist and Professor Emeritus at Stanford University School of Medicine. He is also a founding fellow of the Academy of Cognitive Therapy and Honorary Professor at the University of Queensland, Australia. He has served on the council of the FDA and research review panels for the National Institutes of Health. His research and teaching focus on development of cognitive-behavior therapy interventions for treatment of late-life depression and related disorders.



Dr. Dolores Gallagher-Thompson is a clinical geropsychologist and Professor Emerita at Stanford University School of Medicine. She is a partner in the Family Caregiving Institute of Betty Irene Moore School of Nursing, a co-founder of the Academy of Cognitive Therapy, and co-initiator of a Diversity and Inclusion Committee of the Alzheimer's Association, and is an Honorary Professor at The University of Queensland. Her research and clinical practice focus on diversity, depression, and caregivers' mental health.

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March
2021

Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

For researchers, teachers, and students concerned with current research synthesis techniques.

Michael Bošnjak / Nadine Wedderhoff / Holger Steinmetz (Editors)

Hotspots in Psychology 2021

Zeitschrift für Psychologie, Vol. 229/1

2021. iv + 88

8 pp., large format

ISBN 978-0-88937-585-7

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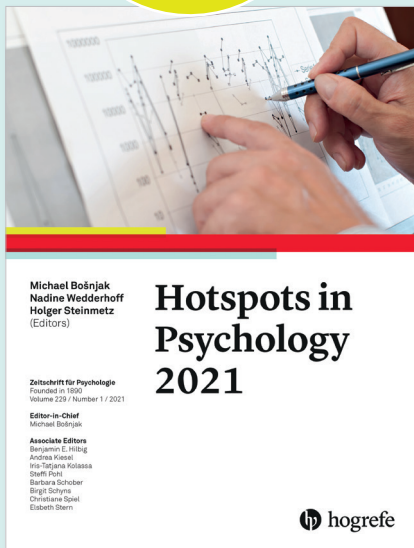
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State-of-the-art meta-analyses and methodological advances in research synthesis methods from the field of psychology

This fifth collection of the "Hotspots in Psychology" format is devoted again to systematic reviews and meta-analyses in research-active fields that have generated a considerable number of primary studies. It features methodological advances in the area of research synthesis methods, including an exploration of using Twitter to identify hotspot topics in psychology and to make early predictions about trends as well as the presentation of a publication format facilitating reproducibility and a method of cumulative meta-analytic evidence synthesis called community-augmented meta-analyses (CAMA).

Further meta-analyses explore diverse areas, sometimes with big data samples. These include: the exploration of the factorial structure and measurement invariance between English and translated versions of a well-established psychometric instrument (the Positive and Negative Affect Schedule); an individual-participant meta-analysis of 221 representative samples from the European Social Survey (ESS) looking at what day of the week influences subjective well-being ratings; an exploration of the role of low self-esteem in the development of pathological eating; and the application of the theory of planned behavior to analyze gender differences in the motivation to start a business.

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Michael Bošnjak / Nadine Wedderhoff / Holger Steinmetz (Editors)

Hotspots in Psychology 2021

Zeitschrift für Psychologie, Vol. 229/1

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Psychological Assessment; Psychiatry; Psychotherapy, Clinical Psychology, and Counseling

For psychiatrists and therapists with interest in the Rorschach and other projective tests.

Lionel Chudzik / Filippo Aschieri (Editors)

Rorschachiana

Journal of the International Society for the Rorschach

Yearbook of the International Rorschach Society, Vol. 41

2020. viii + 222 pp.

ISBN 978-0-88937-579-6

Hardcover

Dimensions:

6 x 9 inches

15.3 x 22.9 cm

Prices:

US \$89.00

CAD \$113.00

€ 77.95

CHF 99.00

£ 66.00

Thought-provoking contributions from the world of the Rorschach – including a special section exploring projective methods and collaborative and therapeutic assessment

This latest volume of *Rorschachiana* illustrates the diversity of ideas and applications that projective methods offer. In a general section, we see how the Rorschach method can be applied to different client groups: in the study of neural and cognitive aging, in the assessment of complex trauma in youth, as well as in the clinical assessment of migraine patients. A case study examines the psychodynamic assessment of psychosis in adolescence using the French School Method.

A special section explores one of the most important advances in the field of psychological assessment: Collaborative and Therapeutic Assessment (CTA). This brief therapeutic intervention uses psychological assessment to put the client at the center of the process. Written by leading authors from around the world, contributions explore the role of CTA and projective methods from a variety of perspectives, including: the Thurston Cradock Test of Shame, contemporary integrative interpersonal theory, and using the Rorschach in an evidence-based setting or with adolescents in a group setting, as well as with clients with trauma and oppositional defiant disorder.

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Rorschachiana

Yearbook of the International Rorschach Society, Vol. 41

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Projective Methods and Collaborative/Therapeutic Assessment (CTA)
by Lionel Chudzik

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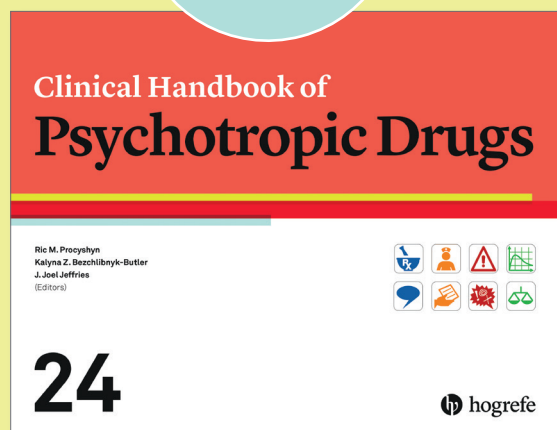
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Ric M. Procyshyn / Kalyna Z. Bezchlibnyk-Butler / J. Joel Jeffries (Editors)

Clinical Handbook of Psychotropic Drugs

24th ed. 2021. Approx. iv + 432 pp. + 63 pp. of printable PDF patient information sheets, spiral bound, large format
ISBN 978-0-88937-593-2

Softcover

Dimensions:
11 x 8.5 inches
27.9 x 21.6 cm

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Prices (approx.):

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CAN \$89.99
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New in this edition

- Neuroscience-based nomenclature – added to product availability tables
- Antidepressants chapter includes new section on GABA_A receptor positive modulator (brexanolone IV injection; trade name Zulresso); also updates to SSRI use in pregnancy and antidepressant augmentation strategies
- Antipsychotics updates include revised dosing, especially adjustments in hepatic and renal impairment
- Mood stabilisers chapter sections on lithium and anticonvulsants extensively revised
- New formulations and trade names include: Adhansia XR (methylphenidate extended-release capsules), Caplyta (lumateperone), Dayvigo (lemborexant), Perseris (risperidone extended-release subcutaneous injection), Probuphine (buprenorphine subdermal implant), Propecia (finasteride tablets), Trelstar (triptorelin slow-release injection)

The *Clinical Handbook of Psychotropic Drugs* has become a standard reference and working tool for psychiatrists, psychologists, physicians, pharmacists, nurses, and other mental health professionals.

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- With instantly recognizable icons and in full color throughout, allowing you to find at a glance all the information you seek
- Clearly written patient information sheets available for download as printable PDF files

This book is a must for everyone who needs an up-to-date, easy-to-use, comprehensive summary of all the most relevant information about psychotropic drugs.

Advance Book Information

Ric M. Procyshyn / Kalyna Z. Bezchlibnyk-Butler / J. Joel Jeffries (Editors)

Clinical Handbook of Psychotropic Drugs

24th edition 2021

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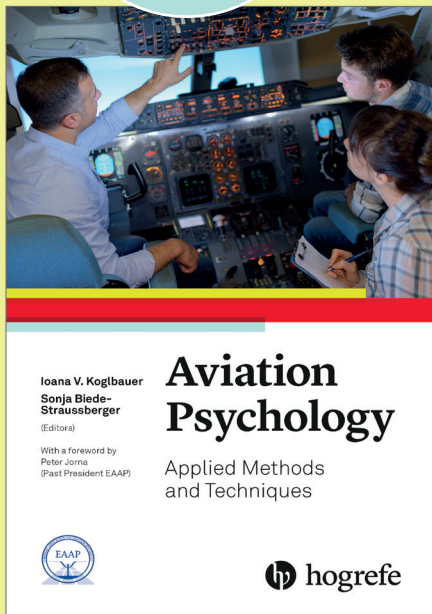
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Aviation psychologists, human factors practitioners, engineers, designers, operational specialists, students, and researchers in academia, industry, and government.



Ioana V. Koglbauer / Sonja Biede-Straussberger (Eds.)

Aviation Psychology

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Contributors

The Editors



Ioana V. Koglbauer, PhD, University of Graz, Austria, is an experienced aviation psychologist accredited by the European Association for Aviation Psychology (EAAP). She worked in teaching and research at Graz University of Technology, and was a visiting professor at the Institut Supérieur de l'Aéronautique et de l'Espace (ISAE-SUPAERO) in Toulouse, France. She is a passionate pilot and has led multiple research projects between academia and the aviation industry. She was Editor-in-Chief of the peer-reviewed journal *Aviation Psychology and Applied Human Factors* and a member of the Board of the Directors of the EAAP for 4 years (2014–2018). In addition, Ioana serves as an expert for various international organizations, e.g., CANSO and EASA HF CAG. She is currently affiliated with the Air Navigation Service Provider of the Irish Aviation Authority in Dublin, Ireland.



Sonja Biede-Straussberger, PhD, University of Graz, Austria, is Expert for Cognitive Psychology in the Human Factors & Ergonomics department of Airbus Operations. After working with EUROCONTROL on the identification of contributing factors to monotony in air traffic controllers, and also in a French multidisciplinary and cross-industry project, she led the Airbus human factors contribution to SESAR. Beyond that, she is actively involved in promoting human factors integration in the aviation industry. In the past, she was officer of the HFES Europe Chapter, and is actively involved with the European Association for Aviation Psychology (EAAP). She holds a private pilot license and taught human factors for student pilots as well as courses to engineers. Today, she applies her expertise to continuously improving or developing new products by optimizing the contribution of human factors along all phases of cockpit design.

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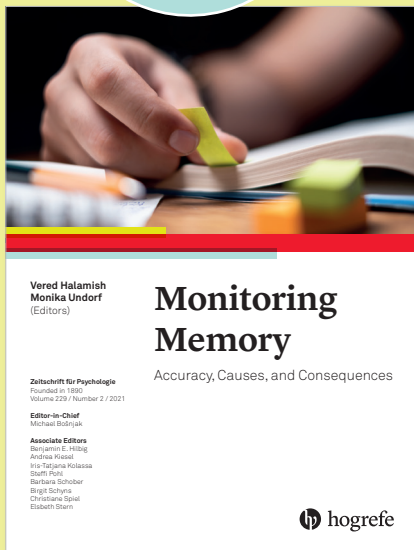
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Accuracy, Causes, and Consequences

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