

Instructions to Authors

Sports Psychiatry

Journal of Sports and Exercise Psychiatry

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Sports Psychiatry is an international open access, peer-reviewed journal providing a platform for advances in all aspects of sports psychiatry, including but not limited to the diagnosis, management, therapy, and prevention of mental disorders in competitive and popular sports, as well as to physical activity in the prevention and treatment of mental disorders.

The journal aims to publish high-quality original research articles, consensus statements, reviews, meta-analyses, editorials, and letters to the editor for a wide audience of healthcare professionals and researchers interested in the field of sports psychiatry.

Sports Psychiatry is the first journal in this field. It is published in collaboration with the [Swiss Society for Sports Psychiatry and Psychotherapy \(SSSPP\)](#).

The Editors invite all authors to publish their work in **Sports Psychiatry**. Manuscripts submitted will undergo a full peer review. Accepted manuscripts will be published continuously and online only.

Article types

Sports Psychiatry publishes full-length original articles, reviews, meta-analysis, consensus statements, brief reports, letters to the Editor and commentaries.

Types and length of manuscripts (maximum lengths)

	Original article	Review / Meta-Analysis	Consensus statement	Brief report	Letter to the Editor / Commentary
Main text length	3,000 words	4,000 words	4,000 words	1,500 words	1,000 words
Abstract length	250 words	250 words	250 words	250 words	n/a
References	60	80	80	30	10
Tables/Figures	6	6	6	2	1

Original Articles should not be longer than 3,000 words, including main text plus notes, acknowledgments, and appendices but excluding cover page, references, tables, and figures.

Reviews should not be longer than 4,000 words (including main text plus notes, acknowledgments, and appendices but excluding cover page, references, tables, and figures).

Consensus statements should not be longer than 4,000 words including main text plus notes, acknowledgments, and appendices but excluding cover page, references, tables, and figures. **More extensive consensus statements may be accepted after consulting with the Editor-in-Chief.**

Brief reports should not be longer than 1,500 words, including main text plus notes, acknowledgments, and appendices but excluding cover page, references, tables, and figures.

Letters to the Editor and Commentaries should not be longer than 1,000 words including main text plus notes, acknowledgments, and appendices but excluding cover page, references, tables, and figures.

All papers must be structured according to the following sections:

- Abstract (not exceeding 250 words; structured into Introduction, Methods, Results, Conclusion)
- Keywords (up to five)
- Main text: Background/Introduction, Methods, Results, Discussion, Limitations, Conclusion
- References
- Optional: Acknowledgments, Electronic supplementary material (ESM)

Please refer to the table above for the maximum numbers of Tables and Figures. Papers exceeding any of the stated limits will be rejected. Please note that Electronic supplementary material (ESM) (see below) is not included in the word count.

Manuscript Preparation

Language

All contributions must be in English. It is recommended that authors who are not native speakers of English have their manuscripts checked by a native-speaker colleague or a professional language editing service* before submission.

*Hogrefe has negotiated a 20% discount for authors who wish to have their manuscript professionally edited or translated into English by the experts at [Enago](#) before submission. Please note that the service is independent of Hogrefe and use of it has no bearing on acceptance decisions made by individual journals.

Manuscripts

Please note that your submission will undergo a plagiarism check during the peer review process.

Manuscripts must be prepared according to the **Vancouver reference style** with in-text citations using **Arabic numerals in square brackets, e.g. [1]**. Further examples can be found below.

Nonstandard abbreviations should be defined in the text upon first use. Footnotes should generally be avoided.

The **main text** should be written double-spaced with a margin of 2.5 cm (1 inch) on all sides and **with continuous line numbering throughout**.

The **cover page** should, in addition to the title, contain the name and complete address of the corresponding author and names and full affiliations of all authors as well as a running title exceeding no more than 60 letters and spaces.

All manuscripts must be submitted online at <https://www.editorialmanager.com/spp>. Please follow the online instructions for submission. Should you have any technical queries regarding this process, and for any editorial questions, please contact the Editor-in-Chief.

Figures and Tables

Figures and tables must be numbered using Arabic numerals. The number of figures and tables should be kept to a minimum and only be included to facilitate understanding of the text. The same information should not appear in both a figure and a table. Each table and figure must be cited in the text and should be accompanied by a legend. Please note that the journal's online submission portal allows text, figures, and tables to be submitted as separate files. Figures must be supplied in a form suitable for reproduction: preferably high-resolution bitmaps (e.g., JPG, TIF, with a minimal resolution of 300 dpi), as vector graphics files or in original file formats such as .PPT or .XLS, but not as a Word file (.DOCX).

Revisions

Revised manuscripts must be accompanied by a detailed response to the reviewers (unless stated otherwise by the handling editor) which addresses all points raised by the reviewers and editor and needs to be submitted separately. This letter should also outline major changes made to the manuscript and indicate where these changes can be found. Ideally, the revised manuscript should clearly mark any changes/new insertions by, for example, highlighting text or using a different color, which helps reviewers to identify changes and speeds up the review process.

Authors should adhere to word limits as far as possible (see section "Types and Length of Manuscripts") and update the word count in the submission portal when submitting a revised manuscript. While word count limits should normally still apply for revised versions and resubmissions, we acknowledge that it can sometimes be difficult to adhere to them and address all reviewer comments, and so, if appropriate and necessary, we allow up to an additional 10%. Authors are advised to contact the journal office prior to submission if they think even higher word count is required.

References

References must include all and only works cited in the text and must follow the **Vancouver reference style**. References are numbered consecutively in the order in which they are first mentioned. In-text citations must be **written in Arabic numerals and in square brackets, e.g. [1]**. Multiple in-text citations within the same square brackets must all be listed, separated by a comma, e.g. [1,2] or [3,4,5]. In the reference list, each reference is listed once only, with the according in-text citation number in square brackets. Only up to six authors of each reference must be listed, all further authors must be abbreviated by “et al.”. The journal names should be abbreviated in accordance with the List of Journals in the Index Medicus. DOIs (digital object identifier) of the cited journal articles must be provided.

Examples for reference list entries

Journal articles

Garner PW. Emotional competence and its influences on teaching. *Educ Psychol Rev.* 2010;22:297–321. <https://doi.org/10.1007/s10648-010-9129-4>

Hinnant JB, Nelson JA, O'Brien M, Keane SP, Calkins SD, Cribbie R, et al. The interactive roles of parenting, emotion regulation and executive functioning in moral reasoning during middle childhood. *Cogn Emot.* 2013;27(8):1460-1468. <https://doi.org/10.1080/02699931.2013.7897922013>

Benoit E, O'Donnell TF, lafrati MD, Asher E, Bandyk DF, Hallett JW, et al. The role of amputation as an outcome measure in cellular therapy for critical limb ischemia: implications for clinical trial design. *J Transl Med.* 2011;9:165. <https://doi.org/10.1186/1479-5876-9-165>

Books

LeDoux, JE. *The emotional brain*. New York: Simon and Schuster; 1996.

Book Chapters

Eccles JS, Adler TF, Futterman R, Goff SB, Kaczala CM, Meece JL, et al. Expectancies, values, and academic behaviors. In: Spence JT, editor. *Achievement and achievement motives*. San Francisco: Freeman; 1983. 75-146.

Websites

European Space Agency. Rosetta: rendezvous with a comet. Available from: <http://rosetta.esa.int> [Accessed 15th June 2015].

Electronic Supplementary Material (ESM)

Authors may submit study data, analysis scripts, and other study materials for manuscripts that involve new data as ESM. In general, ESM may include relevant items that cannot be reproduced in printed form and may consist of material used to carry out the research (e.g., data sets, participant instructions, audiovisual stimuli, video footage of the experimental setup) or additional items that are not essential for inclusion in the full text but would nevertheless benefit the reader. ESM is not included in the article word count. The maximum of ESM files published per article is limited to 10 and the total data volume is limited to 10 MB. ESM files will be published online as received from the author(s) without any conversion, testing, or reformatting. They will not be checked for typographical errors or functionality. The responsibility for the content and functionality remains entirely with the author(s). Hogrefe does not provide technical support for the creation or viewing of the supplementary files. If necessary, authors should seek the assistance of their local IT department. Like the manuscript, ESM should be original and not previously published. If previously published, it must be submitted with the necessary permissions. Note that the ESM files, just like the article itself, are permanent records and may not be altered once they have been published online. Please ensure that any ESM submitted with the article is in compliance with the EU General Data Protection Regulation (GDPR).

Publication ethics

The journal and its editors adhere to, and expect authors to adhere to, the Committee on Publication Ethics (COPE) standards (<https://publicationethics.org/>).

Open Access Publication

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