

## Call for papers: Sports psychiatry and sports nutrition

We are inviting submissions for a special issue of *Sports Psychiatry – Journal of Sports and Exercise Psychiatry* focusing on the intersection of **sports psychiatry and sports nutrition**. This issue aims to delve into the intricate relationships between nutritional habits, disordered eating, and mental health outcomes among athletes. We welcome conceptual or empirical manuscripts with an international focus on this multifaceted topic, including but not limited to original research articles, reviews, meta-analyses, consensus statements, case reports, and brief reports.

We encourage submission of articles that explore the following topics:

### 1. Nutritional habits and mental health

- The impact of dietary patterns on the mental health of athletes.
- Prevalence and course of disordered eating and eating disorders across different sports.
- Nutritional interventions aimed at improving mental health outcomes in sports settings.
- Impact of body image perceptions on dietary habits and mental health in athletes.
- Sports-specific risk factors contributing to the development of eating disorders.
- Long-term mental health outcomes associated with disordered eating in athletes

### 2. Prevention strategies

- Development and evaluation of prevention programs targeting disordered eating and eating disorders in athletic populations.
- Role of sports organizations and coaches in preventing disordered eating among athletes.

### 3. Screening and diagnostic tools

- Development and validation of screening tools linking eating disorders to other mental health outcomes.
- Comparative studies on the effectiveness of different screening methods.

### 4. Therapeutic approaches

- Multidisciplinary treatment approaches for athletes with eating disorders and co-occurring mental health issues.
- The integration of nutritional counseling and psychiatric care in the treatment of athletes.
- Case studies demonstrating successful interventions and therapeutic outcomes.

## Article types

- Original research: abstract max. 250 words; article max. 3000 words; max. 60 references; max. 6 fig./tab.
- Reviews / meta-analyses / perspectives: abstract max. 250 words; article max. 4000 words; max. 80 references; max. 6 fig./tab.
- Case reports / brief reports / practical reports: abstract max. 250 words; article max. 1500 words; max. 30 references; max. 2 fig./tab.
- Letters to the editor / commentaries: max. 1000 words; max. 10 references; max. 1 fig./tab.
- Consensus statements, position papers, scope: only after prior editorial board approval

Please follow the instructions for authors on the journal website: [www.hgf.io/spp](http://www.hgf.io/spp)

### Article-processing charges (APC)

All articles published in Sports Psychiatry are open access and freely available online, immediately upon publication. In order to cover the costs of publishing the journal, including those of manuscript submission and peer review management, journal production, online hosting and archiving, liaison with abstracting and indexing services, as well as online distribution and data feeds to libraries, discovery services, content aggregators, and other information services, an article publication charge (APC) must be paid. Price details are provided in the open access order form. In addition, as detailed in the waiver policy and application form, Hogrefe is currently offering a generous waiver program for eligible authors. Eligible papers shall include papers by authors who do not have access to publication fee grants or funding, papers by authors who are not employed or funded by commercial organizations, and other papers as may from time to time be agreed by Hogrefe.

### Approximate timeline for submissions

Authors are invited to submit a full manuscript due **February 2, 2025**. All manuscripts must be submitted online via [Editorial Manager](#). An optional letter of intent can be sent to [robin.halioua@hin.ch](mailto:robin.halioua@hin.ch). All manuscripts will be subject to full editorial board and peer review. All accepted papers will be published in advance. We anticipate that the issue will be published in Summer 2025.

We are looking forward to your submissions!

*Robin Halioua, MD, Guest Editor*

*Paulina Wasserfurth, PhD, Guest Editor*

*Mia Beck Lichtenstein, PhD, Guest Editor*

*Karsten Köhler, PhD, Guest Editor*

