

Instructions to Authors

European Journal of Health Psychology

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The *European Journal of Health Psychology* strives to promote theory and practice in the analysis of psychological approaches to health and disease. The journal publishes high-quality empirical or experimental research, as well as sound practice-oriented articles, current methodological developments, and comprehensive critical reviews of the scientific literature.

***European Journal of Health Psychology* Publishes the Following Types of Articles**

Original Articles, Review Articles, Conceptual Articles, Brief Reports, and Commentaries.

Types and Length of Manuscripts

Original Articles. Most of the articles published in the *European Journal of Health Psychology* are Original Articles. Original Articles present new data, new theory, new methods, or any combination of these. The *European Journal of Health Psychology* is interested in publishing sound observational / epidemiological studies, experimental and quasi-experimental studies, and state-of-the-art psychometric research on assessment instruments and methods with a high impact on research in health psychology. However, pure correlational studies without a clear theoretical foundation based on cross-sectional data derived from convenience sampling are seldom accepted.

Original Articles should not exceed 52,000 characters including abstract, text, references, notes, appendices, and figures and tables. It is recommended that observational studies are reported in accordance with “The Strengthening the Reporting of Observational Studies in Epidemiology” (STROBE) Statement. All reports on clinical trials submitted for publication should include a completed Consolidated Standards of Reporting Trials (CONSORT) flow chart. Please refer to the CONSORT statement website at <http://www.consort-statement.org> for more information.

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It is required that authors submitting meta-analyses and systematic reviews follow the appropriate reporting guidelines: Systematic reviews and meta-analyses of randomized trials and other evaluation studies should be reported in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA), systematic reviews and meta-analyses of observational studies in accordance with meta-analysis of observational studies in epidemiology (MOOSE), e.g., see Stroup et al. (2000)¹. In the interest of academic transparency, authors of meta-analyses and systematic reviews submitted to the *European*

¹ Stroup, D.F., Berlin, J.A., Morton, S.C., Olkin, I., Williamson, G.D., Rennie, D., Moher, D. Becker, B.J., Sipe, T.A., & Thacker, S.B. (2000). Meta-analysis of observational studies in epidemiology. A proposal for reporting. Meta-analysis of Observational Studies in Epidemiology (MOOSE) Group. *Journal of the American Medical Association*, 283(15), 2008-2012. <https://doi.org/10.1001/jama.283.15.2008>

Journal of Health Psychology are required to include a PRISMA statement (<https://www.prisma-statement.org/>) as a supplemental file for review (the final document will be included as ESM). In addition, authors of meta-analyses should include the information recommended by the APA's Meta-Analysis Reporting Methods (MARS), which can be found at <http://www.apastyle.org/manual/related/JARS-MARS.pdf>.

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Brief Reports present concise but complete accounts of new empirical findings of broad interest. The data presented is based on a strong rationale. Again, correlational studies based on cross-sectional data derived from convenience sampling are unlikely to undergo peer review. Brief reports are limited to 20,000 characters in total including abstract, text, references, notes, appendices, as well as figures and tables. The total number of characters also includes blank spaces.

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Please note that Electronic Supplementary Material (ESM) is not included in the character count.

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Submit Commentaries and Book Reviews via email to the journal's Editorial Assistant, Lisa-Marie Maukel (E-mail ejhp@uni-trier.de, Tel. +49 651 201-3346).

Only papers that have not previously appeared in or are currently under consideration by another publication can be considered for publication. Please do not submit printed copies of your manuscript. Manuscripts are subject to masked peer review and may be returned to authors for revision. The Editor-in-Chief and the Associate Editors are responsible for the journal's editorial section.

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Cover Letter

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Manuscript Format

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Philipp Yang, conceptualization, methodology; Ina Smith, funding acquisition;
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For Original Articles, Review Articles, and Brief Reports a structured **Abstract** is required (maximum length 250 words). This should be divided into the sections Background, Aims, Method, Results, Limitations, Conclusion. Conceptual Articles must also include an Abstract, but no structuring. A maximum of 5 keywords should be given after the abstract.

The Methods section of Original Articles and Brief Reports must include an **Ethics Statement** that the research has received permission (or formal review and exemption) from a stated Research Ethics Committee (REC) or Institutional Review Board (IRB). The specific name of the committee or board and/or the approval number/ID should be included. The committee's or board's name should be blinded for review. Please see also the section "Publication Ethics".

Figures and tables should be numbered using Arabic numerals. Each table and figure must be cited in the text and should be accompanied by a legend. Please submit tables and figures via Editorial Manager as separate files. Figures must be supplied in a form suitable for reproduction: preferably high-resolution bitmaps (e.g., tif or jpg, 300 dpi) or as vector graphics files.

Important: An allowance for any tables and figures should be included in the totals depending on their size. A typical table or figure takes up a quarter, half, or full page. Each quarter page in the manuscript equals about 200 words per quarter print page.

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