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<td>□ Greifeneder, <em>Clinical and Social Psychology</em>, ISBN 978-0-88937-596-3</td>
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| **Coming soon:**                                            |     |        |        |
| □ Aschieri, *Rorschachiana*, vol. 42, ISBN 978-0-88937-614-4     |     | US $89.00 / €77.95 / £66.00  |        |

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2021

New Releases in 2021

Tanja Sappok / Sabine Zepperitz / Mark Hudson

Meeting Emotional Needs in Intellectual Disability
The Developmental Approach

2022. x + 192 pp.

Improve the mental health and quality of life of people with intellectual disability with this needs-oriented approach

Using a developmental perspective, the authors offer a new, integrated model for supporting people with intellectual disability (ID). This concept builds upon recent advances in attachment-informed approaches, by drawing upon a broader understanding of the social, emotional, and cognitive competencies of people with ID, which is grounded in developmental neuroscience and psychology. The book explores in detail how challenging behaviour and mental health difficulties in people with ID arise when their basic emotional needs are not being met by those in the environment. Using individually tailored interventions, which complement existing models of care, practitioners can help to facilitate maturational processes and reduce behaviour that is challenging to others. As a result, the “fit” of a person within his or her individual environment can be improved. Case examples throughout the book illuminate how this approach works by targeting interventions towards the person’s stage of emotional development.

This book will be of interest to a wide range of professionals working with people with ID, including: clinical psychologists, psychiatrists, occupational therapists, learning disability nurses, speech and language therapists, and teachers in special education settings, as well as parents and caregivers.

“This clear, scientifically rigorous and practical approach has the potential to radically improve our care of this most deserving group of people with intellectual disabilities. I cannot recommend it more highly to professionals working in the field.”

Allan Skelly, PhD, PsychD, AFBPS, Consultant Clinical Psychologist, Gateshead, UK, & Former Chair of The Faculty for People with Intellectual Disabilities, British Psychological Society
Meeting Emotional Needs in Intellectual Disability

The Developmental Approach

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The authors

Tanja Sappok, MD, heads the Berlin Treatment Center for Mental Health in Developmental Disabilities at the Ev. Krankenhaus Königin Elisabeth Herzberge in Berlin, Germany, as chief physician. Clinical and scientific fields of work include autism spectrum disorders, emotional development disorders, behavioural disorders, and dementia. She is president of the European Association for Mental Health in Intellectual Disability (EAMHID) and vice president of the German Society for Mental Health with Mental Disability (DGSGB) and teaches psychiatry at the medical faculty of the Charité, Berlin.

Sabine Zepperitz, Dipl.-paed., is a systemic therapist and trauma consultant and leads pedagogical staff at the Berlin Treatment Center for Mental Health in Developmental Disabilities at the Ev. Krankenhaus Königin Elisabeth Herzberge in Berlin, Germany. She works primarily with people with moderate to severe intellectual disabilities and trains facilitators for SED-S diagnostics and counseling in a series of workshops. She has been offering advanced training for caregivers and team consultations in the support for people with disabilities for several years.

Dr Mark Hudson, DClinPsy, is a practising clinical psychologist and assistant professor of clinical psychology at the University of Nottingham, UK, where he carries out teaching and research. He works in both a community child and adolescent mental health service and a specialist community team for children with ID. Dr Hudson currently co-leads the Elizabeth Newson Centre, providing specialist assessments to families where a child has developmental difficulties.
New Releases in 2021

Rainer Greifeneder / Andrew T. Gloster (Editors)

Clinical and Social Psychology
Identifying Commonalities and Synergies to Advance Research and Practice

Zeitschrift für Psychologie, Vol. 229/3
2021. iv + 52 pp., large format
ISBN 978-3-89972-596-3

Softcover
Dimensions
8.25 x 11 inches
21.0 x 27.7 cm

Prices
US $49.00
CAN $48.80
€ 34.95
CHF 45.50
£ 27.90

A unique look at the state-of-the-art scientific bridges between the fields of clinical psychology and social psychology

Social interactions are a central component of humans’ lives and mental health. Both clinical and social psychology are vibrant fields that address this central topic. However, the advances, contributions, and achievements of each field are often unknown in the other discipline. This volume takes a programmatic stance based on the assumption that there are many commonalities between the two disciplines worth highlighting and synergies to develop and build upon. Six contributions, authored by experts in the respective fields, look at the intersection of the two disciplines. The authors consider their subject matter from the perspective of both fields and discuss possible implications for clinical and social psychology. Themes explored include ostracism, the role of perceptions of treatment in clinical outcomes, rejection sensitivity in relationships, coping with experienced injustice, and the link between mimicry and lying, as well as a theoretical overview of synergies between the two fields. The articles are insightful, exciting, and synergistic.
New Releases in 2021

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The Psychology of Meditation
Varieties, Effects, Theories, and Perspectives


A unique look at the psychology of meditation

What is meditation? What do people hope to get from practicing it and what do they really get? How can the effects of meditation be explained? And what are the best approaches to researching the psychology of meditation so we can understand more? This volume provides state-of-the-art answers to these questions. Contrary to commonly accepted wisdom, meditation comes in huge varieties and the reasons why people begin to meditate (and stay with it) are also numerous and diverse. Even mindfulness, which is often (wrongly) used as a synonym for meditation, comes in many forms.

This book first describes the varieties of meditation in detail and then succinctly summarizes the beneficial effects found in the avalanche of studies available, especially in clinical contexts, and also explores recently emerging topics such as negative effects and the impact of ethics and spirituality. The author expertly provides theories of four main traditional meditation approaches, which has never been done before in this form, and gives a critical overview of Western approaches to explain the effects of meditation. In conclusion, he makes recommendations on how to improve future meditation research.

This book is of interest to meditation researchers, mental health practitioners, students interested in meditation and mindfulness, and to everybody who seriously wants to know more about the topic.
Advance Book Information

Peter Sedlmeier

The Psychology of Meditation
Varieties, Effects, Theories, and Perspectives

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References

The author

Peter Sedlmeier is Professor of Psychology at the Chemnitz University of Technology, Germany. He mainly teaches research methods and cognitive psychology. Apart from the psychology of meditation, his current areas of interest include intercultural research, time processing, and computer modeling of cognitive and statistical processes. He has had an ongoing meditation practice for more than 20 years, mostly Zen, interspersed with some extended excursions into the Theravada world, and some experience in Yoga meditation and TM.
Thought-provoking contributions from the world of the Rorschach – including a very special section celebrating the 100th anniversary of the publication of Psychodiagnostics by Hermann Rorschach

This volume of Rorschachiana illustrates the diversity of ideas and applications that projective methods offer. In a general section, we see how active researchers are in exploring the Rorschach method: in looking at teaching the Rorschach Comprehensive System, in testing how reliably examiners score Form Quality, in examining the concurrent validity of the Sixty-Second Drawing Test when assessing high schooler’s relationship and depression, as well as researching the specific features of postnatal mothers scores on the Rorschach method, and the development of the Rorschach Test in China.

In celebration of the 100th anniversary of the publication of Psychodiagnostics by Hermann Rorschach, a special section looks at the scientific literature produced on the reliability and validity of the Rorschach Test as a personality assessment tool since the White Paper from the Society of Personality Assessment published in 2005. The topics addressed show the wide application of the test: trauma, neurophysiological functioning during administration of the test, a case study of attempted manslaughter, eating disorders, evaluating change in psychotherapy, and disordered thinking and communication. To broaden the discussion and reach out to the wider psychological community, each chapter is commented on by a specialist on the topic. Much food for thought is generated for future research.
Advance Book Information

Filippo Aschieri (Editor)

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