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March 2022

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March 2023

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<input type="checkbox"/> Elbe et al., <i>Clinical Handbook of Psychotropic Drugs for Children and Adolescents</i> , 5th ed., ISBN 978-0-88937-625-0		US \$99.80 / € 84.95 / £ 72.00	
<input type="checkbox"/> Baranowsky/Gentry, <i>Trauma Practice</i> , 4th ed., ISBN 978-0-88937-592-5		US \$59.00 / € 50.95 / £ 42.80	
<input type="checkbox"/> Gallagher-Thompson et al., <i>Family Caregiver Distress</i> , ISBN 978-0-88937-517-8		US \$29.80 / € 24.95 / £ 19.90	
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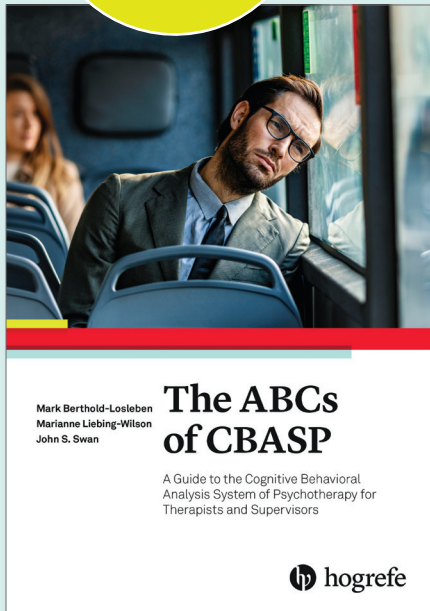
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New Releases in 2023

Out
April
2023

Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

Clinical psychologists, psychiatrists, psychotherapists, and counselors, as well as students.



Mark Berthold-Losleben / Marianne Liebing-Wilson / John S. Swan

The ABCs of CBASP

A Guide to the Cognitive Behavioral Analysis System of Psychotherapy for Therapists and Supervisors

2023, viii + 196 pp.
ISBN 978-0-88937-584-0

Softcover

Dimensions:
7 x 10 inches
17.78 x 25.4 cm

Prices:

US \$49.80
CAD \$63.80
€ 43.95
CHF 56.90
£ 36.80

eBook (PDF):

ISBN 978-1-61676-584-2

eBook (ePUB):

ISBN 978-1-61334-584-9

Prices:

US \$44.99
CAD \$54.99
€ 38.99
CHF 52.00
£ 32.99

Help people with chronic depression using this creative dialog-based guide

Cognitive behavioral analysis system of psychotherapy (CBASP) is designed to help patients with chronic depression improve the negative social and personal impacts of this disorder. This volume, written by experienced practitioners of CBASP, creatively explores the principles and practice of CBASP in a new, unusual, and engaging fashion. Interspersed between theoretical chapters, you will find yourself in the therapy room with Maggie (the therapist) and Christopher (the patient).

Using authentic dialogue, you will experience how the different stages of therapy unfold: How, from their first-person perspectives, Christopher and Maggie experience the application of the CBASP model, and

how Helen (the supervisor) helps Maggie to understand difficult encounters in therapy. This book helps you prepare for your CBASP sessions by providing essential information and prompts in a clearly arranged manner, as well as exercises to verify your progress and learning goals.

This creative and descriptive approach to understanding the hopes, fears, and concerns of patients and therapists engaged in a course of CBASP psychotherapy is essential reading for clinical psychologists, psychiatrists, other mental health professionals, as well as students wanting to know how to successfully apply CBASP.

“A lovely contribution to the field of persistent depression and the effective treatment system called CBASP! The authors do a great job in making CBASP accessible and demonstrating how to implement it in real life. If you treat patients with depression, you will certainly benefit from this book.”

J. Kim Penberthy, PhD, ABPP, Dept. of Psychiatry & Neurobehavioral Sciences, University of Virginia, Charlottesville, VA, USA

New Releases in 2023

Mark Berthold-Losleben / Marianne Liebing-Wilson / John S. Swan

The ABCs of CBASP

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The authors



Mark Berthold-Losleben, PhD, MD, MA, is a consultant psychiatrist at St. Olavs University Hospital in Trondheim, Norway, and associate professor at the Department of Mental Health of the Norwegian University of Science and Technology (NTNU). He trained with Prof. James McCullough in 2016 in Amsterdam and was supervised by John S. Swan on his way to becoming a therapist, supervisor, and trainer in CBASP. Since 2018 he has been working closely with John S. Swan, Marianne Liebing-Wilson, and Bob MacVicar on making CBASP better known in Norway.



Marianne Liebing-Wilson, RMN, PG DIPCBT, was a senior adult psychotherapist with NHS Tayside and delivered the postgraduate CBT training program at the University of Dundee in Scotland together with John S. Swan. She trained with Prof. McCullough on several occasions on his visits to Scotland, and offered CBASP training to European colleagues with him in Amsterdam. She continues to offer training and supervision in CBASP in the UK and various European countries.



John S. Swan, MSc, BSc, RMN, RGN, PG DIPCBT, was a senior clinical lecturer and course director with the University of Dundee in Scotland. He trained with the originator of CBASP, Prof. James McCullough, in 2006 and was fortunate enough to be supervised by Prof. McCullough for three years after his training. John S. Swan is now retired but continues to offer training and supervision in CBASP upon request.

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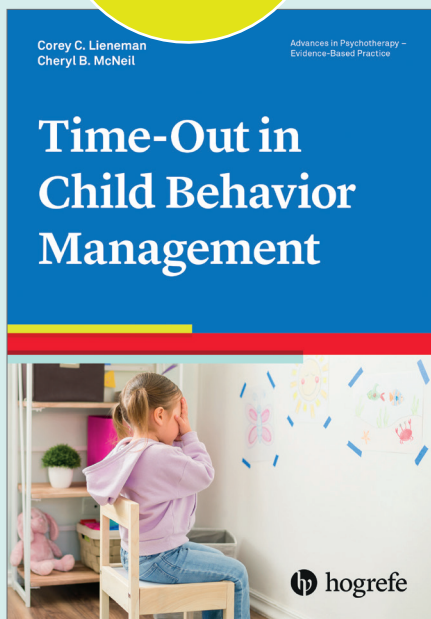
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January
2023

Child and Adolescent Psychotherapy, Clinical Child Psychology, Psychotherapy, Clinical Psychology, and Counseling; Child and Adolescent Psychiatry

Clinical psychologists, child psychologists, child psychiatrists, psychotherapists, family practitioners, and counselors, as well as students.



Corey C. Lieneman / Cheryl B. McNeil

Time-Out in Child Behavior Management

Advances in Psychotherapy –
Evidence-Based Practice, vol. 48
2023. x + 116 pp.
ISBN 978-0-88937-509-3

Softcover

Dimensions:
7 x 10 inches
17.8 x 25.4 cm

Prices:
US \$29.80
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eBook (ePUB):

ISBN 978-1-61334-509-2

Prices:
US \$23.99
CAD \$27.99
€ 21.99
CHF 29.00
£ 18.99

Practical, evidence-based guide to using time-out safely and effectively

This book is essential reading for psychologists, therapists, students, and anyone who works with children and their families. It is a compact, comprehensive guide to understanding, administering, and teaching caregivers to implement time-out effectively for child behavior management. Readers will learn about time-out's history and scientific research base, particularly with respect to child age, cultural groups, and presenting concerns. Practitioners will appreciate the focus on applied research highlighting the efficacy of specific time-out parameters, such as duration, location, and

handling escape. Overviews of behavioral parent training programs that include time-out are also provided. The authors then share their expertise in the use of time-out in parent-child interaction therapy (PCIT), both conceptually and by using an in-depth case study. They also thoroughly examine controversial issues related to time-out, from theoretical and practical standpoints. The appendix provides the clinician with hands-on tools: step-by-step diagrams for administering time-out and managing escape, handouts for parents about issuing effective instructions, and a list of further resources.

“Time-Out in Child Behavior Management is a brilliantly written book covering every aspect of the time-out procedure, from its history and research base to its application in parent-child interaction therapy and in a fascinating case vignette. All mental health providers working with young children need to read this book!”

Daniel M. Bagner, PhD, ABPP, Professor of Psychology and Director of Clinical Training, Florida International University, Miami, FL

New Releases in 2023

Corey C. Lieneman / Cheryl B. McNeil

Time-Out in Child Behavior Management

Advances in Psychotherapy – Evidence-Based Practice, vol. 48

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Corey C. Lieneman, PhD, is a clinical child psychologist and assistant professor in the Department of Psychiatry at the University of Nebraska Medical Center. Her research and clinical interests lie in disruptive behavior disorders, autism spectrum disorder, and behavioral parent training for young children. She is level one trainer for Parent–Child Interaction Therapy (PCIT) International.



Cheryl B. McNeil, PhD, is a professor in the Department of Psychiatry at the University of Florida. She spent the previous 28 years of her career at West Virginia University. Dr. McNeil has coauthored many books, chapters, and over 150 research articles related to the importance of intervening early with young children displaying disruptive behaviors. Dr. McNeil is a global trainer for PCIT International and has disseminated PCIT to agencies and therapists in many states and countries.

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New Releases in 2023

Out
February
2023

Research Methods; Fundamentals of Psychology

Researchers, teachers, and students concerned with current research synthesis techniques.

Tanja Burgard / Nadine Wedderhoff / Michael Bošnjak (Editors)

Hotspots in Psychology 2023

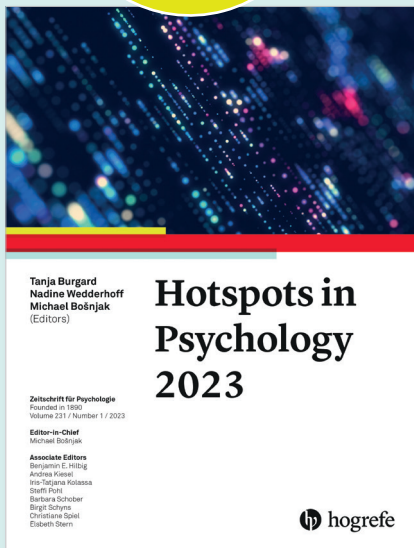
Zeitschrift für Psychologie, Vol. 231/1
2023. iv + 80 pp., large format
ISBN 978-0-88937-633-5

Softcover

Dimensions
8.25 x 11 inches
21.0 x 27.7 cm

Prices

US \$49.00
CAN \$48.80
€ 34.95
CHF 46.50
£ 27.90



Methodological advances for meta-analyses and state-of-the-art research syntheses in psychology

The seventh volume of "Hotspots in Psychology" features research on methodological advances in meta-analyses of psychological applications and highlights research syntheses that have a special relevance to the field. Methodological contributions explore new approaches of interest within the field of psychology on how to treat potential measurement errors in MASEM and how to apply the meta-plot – a new descriptive visual tool as an alternative to the often-criticized funnel plot.

Other contributions explore hotly debated topics or areas that have generated high levels of research activity, including a meta-

analysis on the effects of meditation interventions. Furthermore, an application with large-scale panel data in educational research examines the commitment of students to their study program and study success over time. Using exceptional model mining, the study demonstrates a new framework to model structural heterogeneity. A systematic review on screening automation tools introduces existing screening tools and reviews evidence on their performance. The results provide guidance on how to reduce the screening workload when doing a systematic review.

New Releases in 2023

Tanja Burgard / Nadine Wedderhoff / Michael Bošnjak (Editors)

Hotspots in Psychology 2023

Zeitschrift für Psychologie, Vol. 231/1

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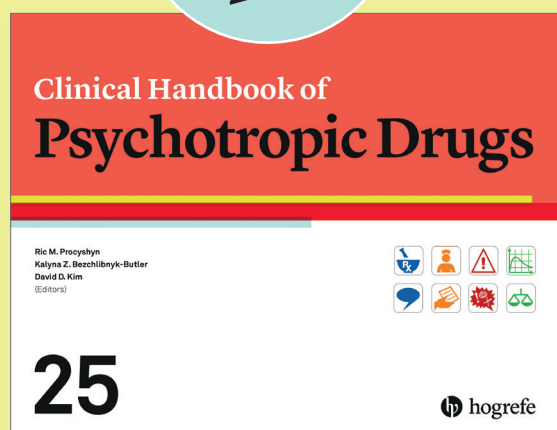
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Advance Book Information

Due
May
2023

Pharmacology; Psychiatry; Textbooks

Psychiatrists, psychiatric nurses, pharmacists, clinical psychologists, other mental health professionals.



Ric M. Procyshyn / Kalyna Z. Bezchlibnyk-Butler / David D. Kim (Editors)

Clinical Handbook of Psychotropic Drugs

25th ed. 2023. Approx. iv + 480 pp. + 38 printable PDF patient information sheets, spiral bound, large format
ISBN 978-0-88937-632-8

Softcover

Dimensions:
11 x 8.5 inches
27.9 x 21.6 cm

Prices:
US \$99.80
CAN \$123.00
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CHF 114.00
£ 72.00

eBook (PDF):

ISBN 978-1-61676-632-0

Prices:
US \$89.99
CAN \$109.99
€ 74.99
CHF 108.00
£ 64.99

New in this edition

- Antidepressants chapter includes a new section on the NMDA receptor antagonist/CYP2D6 inhibitor combination product (dextromethorphan/bupropion)
- Antipsychotics updates include revised clozapine monitoring tables which now also contain monitoring requirements for patients with or without non-benign ethnic neutropenia
- Mood Stabilisers sections on Lithium and Anticonvulsants extensively revised
- Dementia chapter includes a new section on lecanemab, a new fast-track FDA-approved treatment for Alzheimer's disease
- Treatment of Substance Use Disorders includes revisions to buprenorphine dosing section that include a rapid micro-induction method (Bernese method) that allows treatment to start without waiting for patient to be in withdrawal
- Unapproved treatments of Psychiatric Disorders, Natural Health Products, and Pharmacogenetics chapters all substantially revised
- New formulations and trade names include: Auvelity (dextromethorphan/bupropion extended-release tablets), Invega Hafyera (paliperidone 6-monthly IM injection), Leqembi (lecanemab infusion), Subutex (buprenorphine sublingual tablets), Quviviq (daridorexant tablets)

The *Clinical Handbook of Psychotropic Drugs* has become a standard reference and working tool for psychiatrists, psychologists, physicians, pharmacists, nurses, and other mental health professionals.

- Independent, unbiased, up to date
- Packed with unique, easy-to-read comparison charts and tables (dosages, side effects, pharmacokinetics, interactions...) for a quick overview of treatment options
- Succinct, bulleted information on all classes of medication: on- and off-label indications, side effects, interactions, pharmacodynamics, precautions in the young, the elderly, and pregnancy, nursing implications, and much more – all you need to know for each class of drug
- Potential interactions and side effects summarized in comparison charts
- With instantly recognizable icons and in full color throughout, allowing you to find at a glance all the information you seek
- Clearly written patient information sheets available for download as printable PDF files

This book is a must for everyone who needs an up-to-date, easy-to-use, comprehensive summary of all the most relevant information about psychotropic drugs.

Advance Book Information

Ric M. Procyshyn / Kalyna Z. Bezchlibnyk-Butler / David D. Kim (Editors)

Clinical Handbook of Psychotropic Drugs

25th edition 2023

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Advance Book Information

Due
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Pharmacology; Psychiatry; Textbooks

For psychiatrists, psychiatric nurses, pharmacists, clinical psychologists, other mental health professionals.

Clinical Handbook of Psychotropic Drugs for Children and Adolescents

Dean Elbe
Tyler R. Black
Ian R. McGrane
Sabina Choi
(Editors)

5



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Dean Elbe / Tyler R. Black / Ian R. McGrane / Sabina Choi (Editors)

Clinical Handbook of Psychotropic Drugs for Children and Adolescents

5th ed. 2023, iv + 438 pp. + 29 printable PDF patient/caregiver information sheets, spiral bound, large format
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Prices:
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CAN \$109.99
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£ 64.99

New in this edition:

- New chapters on Prescribing Safely and Ethically to Children and Adolescents, Pharmacogenetic Information for Common Psychotropic Drugs, and Aggression Management in Children and Adolescents
- Neuroscience-based nomenclature added to Product Availability tables
- Antipsychotic-Induced Extrapyramidal Side Effect (EPSE) chapter completely revised, plus new section on monitoring scales for EPSE
- Anxiolytics section on buspirone and benzodiazepine comparison table revised
- Mood Stabilizers chapter extensively revised
- Natural Health Products comprehensively revised
- New Unapproved Treatments revised, including preliminary evidence for cannabidiol and folinic acid for autism spectrum disorder and ketamine for mood disorder
- New agents: deutetrabenazine, ethopropazine, lemborexant, lumateperone, orphenadrine, tetrabenazine, valbenazine, viloxazine
- New formulations and trade names: Austedo, Caplyta, Dayvigo, Drizalma Sprinkle, Elepsia XR, Eprontia, Evekeo ODT, Gocovri, Hetlioz LQ, Ingrezza, Invega Hafyera, Jornay PM, Loreev XR, Lybalvi, Osmolex ER, Oxtellar XR, Parsitan, Perseris, Qelbree, Qudexy XR, Secuado, Spritam, Tyrvaya, Valtoco

The *Clinical Handbook of Psychotropic Drugs for Children and Adolescents* has become a standard reference and working tool for psychiatrists, pediatricians, psychologists, physicians, pharmacists, nurses, and other mental health professionals.

- Packed with unique, easy-to-read comparison charts and tables (dosages, side effects, pharmacokinetics, interactions...) for a quick overview of treatment options
- Succinct, bulleted information on all classes of medication: on- and off-label indications, side effects, interactions, pharmacodynamics, nursing implications, and much more – all you need to know for each class of drug
- Potential interactions and side effects summarized in comparison charts
- With instantly recognizable icons and in full color throughout, allowing you to find at a glance all the information you seek
- Clearly written patient and caregiver information sheets for download as printable PDF files

This book is a must for all mental health professionals working with children and adolescents who need an up-to-date, easy-to-use, comprehensive summary of all the most relevant information about psychotropic drugs.

Advance Book Information

Dean Elbe / Tyler R. Black / Ian R. McGrane / Sabina Choi (Editors)

Clinical Handbook of Psychotropic Drugs for Children and Adolescents

5th edition 2023

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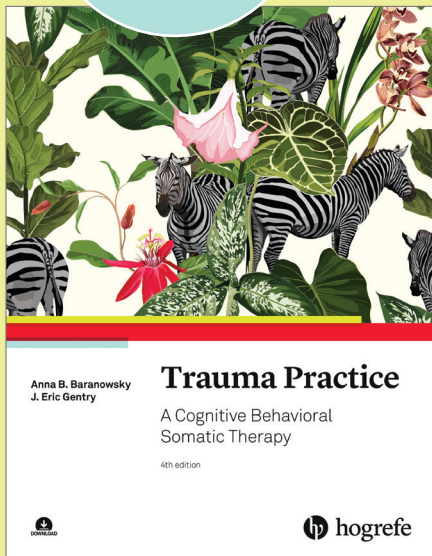
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Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

Clinical psychologists, psychiatrists, psychotherapists, health professionals, and students.



Anna B. Baranowsky / J. Eric Gentry

Trauma Practice

A Cognitive Behavioral Somatic Therapy

4th ed. 2023, xii + 228 pp.
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New edition of this effective toolbox for treating trauma survivors is even more comprehensive

This popular, practical resource for clinicians caring for trauma survivors has been fully updated and expanded. It remains a key toolkit of cognitive behavioral somatic therapy (CBST) techniques for clinicians who want to enhance their skills in treating trauma. Baranowsky and Gentry help practitioners find the right tools to guide trauma survivors toward growth and healing. Reinforcing this powerful intervention is the addition of a deeper emphasis on the preparatory phase for therapists, including the therapists' own ability to self-regulate their autonomic system during client encounters.

Throughout the acclaimed book, an effective tri-phasic model for trauma treatment is constructed (safety and stabilization; working through trauma; reconnection with a meaningful life) as guiding principle, enabling a phased delivery that is fitted to the survivor's relatio-

nal and processing style. The authors present, clearly and in detail, an array of techniques, protocols, and interventions for treating trauma survivors (cognitive, behavioral, somatic, and emotional/relational). These include popular and effective CBST techniques, approaches inspired by research on neuroplasticity, and interventions informed by polyvagal theory. Many techniques include links to video or audio material demonstrating how to carry-out the intervention. Further sections are devoted to forward-facing trauma therapy, a safe, effective, and accelerated method of treating trauma, and to clinician self-care.

Over 40 video and audio demonstrations of many of the techniques are available for download. There are also 36 handouts for clients that can be downloaded and printed for clinical use.

Advance Book Information

Anna B. Baranowsky/J. Eric Gentry

Trauma Practice

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The authors



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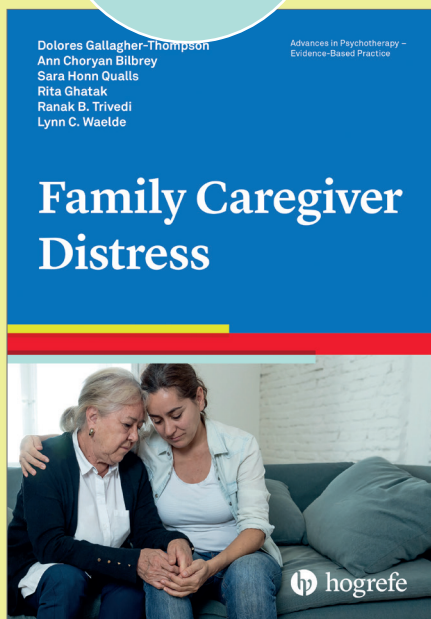
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Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

Clinical psychologists, psychiatrists, psychotherapists, family practitioners, and counselors, as well as students.



Dolores Gallagher-Thompson / Ann Choryan Bilbrey / Sara Honn Qualls / Rita Ghatak / Ranak B. Trivedi / Lynn C. Waelde

Family Caregiver Distress

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Guidance for supporting family caregivers on maintaining positive mental health

This is the first book that takes a “deep dive” to answer the questions that mental health providers encounter when working with family caregivers. Just what are the unique issues family caregivers face? How does this impact their mental health? What can providers do to help?

Based on research and clinical experiences of the authors, this volume in our *Advances in Psychotherapy* series focuses on examining the specific issues that caregivers of people with Alzheimer’s disease or other forms of dementia face. Practitioners learn about the best tools for assessment and which evidence-based interventions

help reduce caregiver distress – including cognitive behavioral therapy, acceptance and commitment therapy, and multicomponent intervention programs.

Resources in the appendix include a caregiver intake interview, and the book is interspersed with clinical vignettes that highlight issues of diversity, equity, and inclusion – making this is an essential text for mental health providers from a variety of disciplines (including psychology, psychiatry, nursing, social work, marriage and family counselors as well as trainees).

Advance Book Information

Dolores Gallagher-Thompson / Ann Choryan Bilbrey / Sarah Honn Qualls / Rita Ghatak / Ranak B. Trivedi / Lynn C. Waelde

Family Caregiver Distress

Advances in Psychotherapy – Evidence-Based Practice, vol. 50

Contents (preliminary)

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