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Psychotropic Drugs

Clinical Handbook of

Pharmacology; Psychiatry; Textbooks

Psychiatrists, psychiatric nurses, pharmacists, clinical psychologists, other mental health professionals.

Ric M. Procyshyn / Kalyna Z. Bezchlibnyk-Butler / J. Joel Jeffries (Editors)

Clinical Handbook of Psychotropic Drugs

24th ed. 2021. iv + 470 pp. + 63 pp. of printable PDF patient information sheets, spiral bound, large format ISBN 978-0-88937-593-2

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New in this edition

- Neuroscience-based nomenclature added to product availability tables
- Antidepressants chapter includes new section on GABA_A receptor positive modulator (brexanolone IV injection; trade name Zulresso)
- Also covers Qelbree (viloxazine extended-release capsules), the first new ADHD medication approved by the FDA in over a decade; as well as updates to SSRI use in pregnancy and antidepressant augmentation strategies
- Antipsychotics updates include revised dosing, especially adjustments in hepatic and renal impairment
- Mood stabilisers chapter sections on lithium and anticonvulsants
 extensively revised
- New formulations and trade names include: Adhansia XR (methylphenidate extended-release capsules), Caplyta (lumateperone), Dayvigo (lemborexant), Perseris (risperidone extended-release subcutaneous injection), Probuphine (buprenorphine subdermal implant), Propecia (finasteride tablets), Trelstar (triptorelin slowrelease injection), Qelbree (viloxazine extended-release capsules), Zulresso (brexanolone IV injection)

The *Clinical Handbook of Psychotropic Drugs* has become a standard reference and working tool for psychiatrists, psychologists, physicians, pharmacists, nurses, and other mental health professionals.

- · Independent, unbiased
- Packed with unique, easy-to-read comparison charts and tables (dosages, side effects, pharmacokinetics, interactions...) for a quick overview of treatment options
- Succinct, bulleted information on all classes of medication: on- and off-label indications, side effects, interactions, pharmacodynamics, precautions in the young, the elderly, and pregnancy, nursing implications, and much more – all you need to know for each class of drug
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- With instantly recognizable icons and in full color throughout, allowing you to find at a glance all the information you seek
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This book is a must for everyone who needs an up-to-date, easy-touse, comprehensive summary of all the most relevant information about psychotropic drugs.



Ric M. Procyshyn/Kalyna Z. Bezchlibnyk-Butler/J. Joel Jeffries (Editors)

Clinical Handbook of Psychotropic Drugs

24th edition 2021

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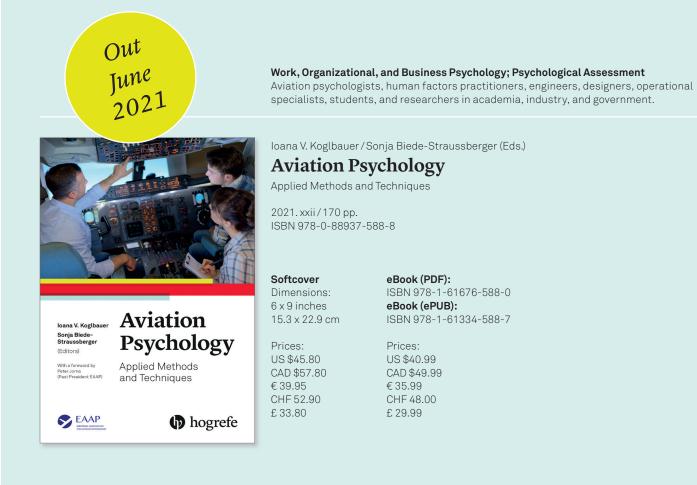
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A unique, comprehensive guide on how to really apply aviation psychology

This collection of chapters on the latest methods and tools for applied research in aviation psychology guides the diverse range of professionals working within aviation on how to adapt flexibly to the continuously evolving requirements of the aeronautical landscape. Experts from the industry and academia explore selected applications, ranging from aviation system engineering to bridging the gap between research and industrialization, safety culture, training and examination. Psychological tools are explored, including designing biocybernetic adaptive systems, predictive automation, and support for designing the human role in future human-machine teaming concepts. Special chapters are dedicated to spatial disorientation, reactivity, stress, eye-tracking, electrodermal and cardiac assessment under the influence of G forces.

This is essential reading for aviation psychologists, human factors practitioners, engineers, designers, operational specialists, students and researchers in academia, industry, and government. The practitioners and researchers working in other safety critical domains (e.g., medicine, automotive) will also find the handbook valuable.



Ioana V. Koglbauer/Sonja Biede-Straussberger (Eds.)

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Contributors

The Editors



Ioana V. Koglbauer, PhD, University of Graz, Austria, is an experienced aviation psychologist accredited by the European Association for Aviation Psychology (EAAP). She worked in teaching and research at Graz University of Technology, and was a visiting professor at the Institut Supérieur de l'Aéronautique et de l'Espace (ISAE-SUPAERO) in Toulouse, France. She is a passionate pilot and has led multiple research projects between academia and the aviation industry. She was Editor-in-Chief of the peer-reviewed journal *Aviation Psychology and Applied Human Factors* and a member of the Board of the Directors of the EAAP for 4 years (2014–2018). In addition, Ioana serves as an expert for various international organizations, e.g., CANSO and EASA HF CAG. She is currently affiliated with the Air Navigation Service Provider of the Irish Aviation Authority in Dublin, Ireland.



Sonja Biede-Straussberger, PhD, University of Graz, Austria, is Expert for Cognitive Psychology in the Human Factors & Ergonomics department of Airbus Operations. After working with EUROCONTROL on the identification of contributing factors to monotony in air traffic controllers, and also in a French multidisciplinary and cross-industry project, she led the Airbus human factors contribution to SESAR. Beyond that, she is actively involved in promoting human factors integration in the aviation industry. In the past, she was officer of the HFES Europe Chapter, and is actively involved with the European Association for Aviation Psychology (EAAP). She holds a private pilot license and taught human factors for student pilots as well as courses to engineers. Today, she applies her expertise to contribution of human factors along all phases of cockpit design.

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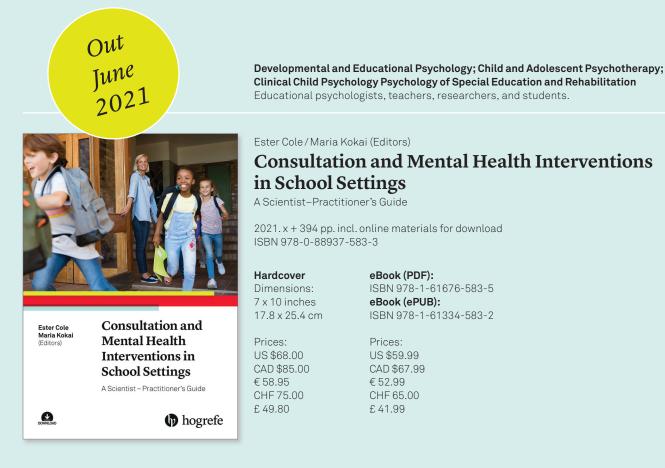
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A comprehensive guide to meeting the psychological needs of students in school settings

This unique volume by leading educational practitioners and academics has been designed to meet the ever-growing challenges faced by educational systems in addressing the mental health, learning, and socialization needs of students.

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The materials for this book can be downloaded from the Hogrefe website after registration.

"There has never been a more critical time for school-based mental health services, and this new edited volume will become a seminal contribution for those engaged in this work. Bravo to all who have contributed to this important new book!"

Mary Ann McCabe, PhD, ABPP, George Washington University School of Medicine, Washington, DC, USA



Ester Cole / Maria Kokai (Editors)

Consultation and Mental Health Interventions in School Settings

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The Editors



Ester Cole, PhD, is a psychologist in private practice. For many years, she supervised teams of school psychologists and was an adjunct professor of graduate programs. Her numerous publications and lectures on effective consultation models have impacted multicultural intervention services. Dr. Cole has held key leadership professional roles in both Canada and the US.



Maria Kokai, PhD, is a psychologist with over 35 years of experience in school settings. As a school psychologist and chief psychologist at a large urban school board, she provided, oversaw, and directed the delivery of a full continuum of direct and indirect primary, secondary, and tertiary psychological services. She has been in leadership roles in various professional organizations.

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Fundamentals in Psychology; Research Methods

For researchers, teachers, and students concerned with the latest developments in monitoring memory.

Vered Halamish / Monika Undorf (Editors)

Monitoring Memory

Accuracy, Causes, and Consequences

Zeitschrift für Psychologie, Vol. 229/2 2021. iv + 60 pp., large format ISBN 978-0-88937-586-4

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Up-to-date research on what factors make memory monitoring more accurate

Humans have a remarkable ability to learn and remember information, but, unfortunately, we are also prone to forgetting and other memory flaws, such as false memories. Metamemory monitoring during learning is the process learners use to assess the likelihood that they can recall studied material and to judge what material they need to spend more time learning. This volume explores the factors that predict monitoring accuracy during learning, the strategies used to increase accuracy, and the consequences of monitoring accuracy for learning outcomes. Included are a systemic review of the research on strategies that help students to accurately monitor their learning and understanding in educational settings; an experimental exploration of the boundary conditions for the beneficial effects of highly accurate monitoring of learning on self-regulation and performance; and examinations of the relations between characteristics of learning and memory (e.g., errorful generation) and the accuracy of metamemory monitoring.



Vered Halamish/Monika Undorf (Editors)

Monitoring Memory

Zeitschrift für Psychologie, Vol. 229/2

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The Influence of Prior Knowledge on Memory and Metamemory for Famous Names and Faces: A Dual-Process Approach *Jeffrey P. Toth and Karen A. Daniels*

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Due September 2021

Body Dysmorphic Disorder

Sony Khemlani-Patel Fugen Neziroglu



Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

For clinical psychologists, psychiatrists, psychotherapists, family practitioners, and counselors, as well as students.

Sony Khemlani-Patel/Fugen Neziroglu

Body Dysmorphic Disorder

Advances in Psychotherapy -Evidence-Based Practice, vol. 44 2022. Approx. vi + 110 pp. ISBN 978-0-88937-500-0

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Compact, up-to-date, empirically based guidance for assessing and treating body dysmorphic disorder

This volume provides a user-friendly, empirically based guide to the diagnosis, phenomenology, etiology, and treatment of body dysmorphic disorder (BDD). New and seasoned clinicians can learn about the foundations of CBT for BDD as well as the rationale and instructions for modifying the approach to meet the differences in symptoms found in this client group. The book explores techniques for treatment engagement, including adjusting therapeutic style, appropriate utilization of behavioral and cognitive therapy, family involvement, and motivational interviewing techniques. Other issues associated with BDD are also highlighted: poor insight, comorbidity, concerning rates of suicidality, and ambivalence regarding treatment.

The authors outline step-by-step instructions for numerous novel and advanced treatment strategies, including perceptual retraining, attentional training, acceptance and commitment approaches, and ways to manage ongoing desire for cosmetic surgery. Detailed case examples are presented with corresponding treatment guidelines to highlight the variety in clinical presentation and corresponding treatment approaches. Printable tools in the appendices can be used in daily practice.



Sony Khemlani-Patel/Fugen Neziroglu

Body Dysmorphic Disorder

Advances in Psychotherapy – Evidence-Based Practice, vol. 44

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The authors



Sony Khemlani-Patel, PhD, is a licensed psychologist with over 20 years of experience in the treatment of obsessive-compulsive related disorders. She is clinical director of the Bio-Behavioral Institute in Great Neck, NY, and on the scientific and clinical

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Fugen Neziroglu, PhD, ABPP, ABBP, is a board-certified behavior and cognitive psychologist and leading researcher in obsessive-compulsive related disorders. She is the cofounder and executive director of the Bio Behavioral Institute in Great Neck, NY, as well as adjunct professor, Department of Psychology, Hofstra University and Hofstra Medical School. She is on the scientific and clinical advisory board of the International Obsessive Compulsive Disorder Foundation and the Anxiety and Depression Association of America, and president of OCD New York

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The Developmental Approach

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Psychotherapy, Clinical Psychology, and Counseling; Psychology of Special Education and Rehabilitation

For professionals working with people with intellectual disabilities, including: clinical psychologists, psychiatrists, occupational therapists, learning disability nurses, speech and language therapists, and teachers in special education settings as well as parents and caregivers.

Tanja Sappok/Sabine Zepperitz/Mark Hudson

Meeting Emotional Needs in Intellectual Disability

The Developmental Approach

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Improve the mental health and quality of life of people with intellectual disability with this needs-oriented approach

Using a developmental perspective, the authors offer a new, integrated model for supporting people with intellectual disability (ID). This concept builds upon recent advances in attachment-informed approaches, by drawing upon a broader understanding of the social, emotional, and cognitive competencies of people with ID, which is grounded in developmental neuroscience and psychology. The book explores in detail how challenging behaviour and mental health difficulties in people with ID arise when their basic emotional needs are not being met by those in the environment. Using individually tailored interventions, which complement existing models of care, practitioners can help to facilitate maturational processes and reduce behaviour that is challenging to others. As a result, the "fit" of a person within his or her individual environment can be improved. Case examples throughout the book illuminate how this approach works by targeting interventions towards the person's stage of emotional development.

This book will be of interest to a wide range of professionals working with people with ID, including: clinical psychologists, psychiatrists, occupational therapists, learning disability nurses, speech and language therapists, and teachers in special education settings, as well as parents and caregivers.



Tanja Sappok/Sabine Zepperitz/Mark Hudson

Meeting Emotional Needs in Intellectual Disability

The Developmental Approach

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Tanja Sappok, MD, heads the Berlin Treatment Center for Mental Health in Developmental Disabilities at the Ev. Krankenhaus Königin Elisabeth Herzberge as chief physician. Clinical and scientific fields of work include autism spectrum disorders, emotional development disorders, behavioural disorders, and dementia. She is president of the European Association for Mental Health in Intellectual Disability (EAMHID) and vice president of the German Society for Mental Health with Mental Disability (DGSGB) and teaches psychiatry at the medical faculty of the Charité, Berlin. Sabine Zepperitz, Dipl.-päd, is a systemic therapist and trauma consultant and leads pedagogical staff at the Berlin Treatment Center for Mental Health in Developmental Disorders at the Ev. Krankenhaus Königin Elisabeth Herzberge. She works primarily with people with moderate to severe intellectual disabilities and trains facilitators for SED-S diagnostics and counselling in a series of workshops. She has been offering advanced training for caregivers and team consultations in the support for people with disabilities for several years.



Dr Mark Hudson, DClinPsy, is a practising clinical psychologist and assistant professor of clinical psychology at the University of Nottingham, UK, where he carries out teaching and research. He works in both a community child and adolescent mental health service and a specialist community team for children with ID. Dr Hudson currently co-leads the Elizabeth Newson Centre, providing specialist assessments to families where a child has developmental difficulties.

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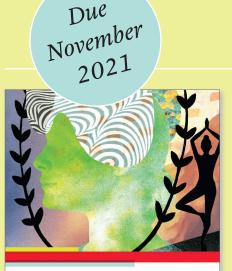
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Tayyab Rashid/Jane Gillham/Afroze Anjum

Strengths-Based Resilience

Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

school psychologists, teachers, researchers, and students.

For clinical psychologists, psychiatrists, psychotherapists, coaches, and counselors,

A Positive Psychology Program

2022. Approx. viii + 280 pp. ISBN 978-0-88937-564-2

Tayyab Rashid Jane Gillham Afroze Anjum Strengths-Based Resilience

A Positive Psychology Program

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Softcover Dimensions: 7 x 10 inches 17.8 x 25.4 cm

Prices (approx.): US \$45.80 CAD \$57.80 € 39.95 CHF 52.90 £ 33.80 eBook (PDF): ISBN 978-1-61676-564-4 eBook (ePUB): ISBN 978-1-61334-564-1

Prices (approx.): US \$40.99 CAD \$49.99 € 35.99 CHF 48.00 £ 29.99

Help client's resilience flourish in the face of challenges

Informed by rigorous research from positive psychology, cognitive behavior therapy and mindfulness, the Strengths-Based Resilience (SBR) program helps participants cultivate resilience in the face of different adverse life phases, whether it is challenges in higher education, work, relationships, or more. While it may not be possible to eliminate the risks, setbacks, and challenges participants face in life, they can enhance their use of strengths and learn new skills to deal with them.

The 14-module SBR program helps clients to build resilience through a series of evidence-based skills. Core modules focus on:

- Integrating mindfulness, relaxation, and gratitude into daily selfcare routines
- Developing a personal story of resilience

- Learning a more flexible thinking style
- Identifying and using strengths to solve problems
- Incorporating slowness and savoring
- Practicing positive communication for healthier relationships
- · Contributing to community by learning to act altruistically
- Pursuing a sense of meaning by exploring past and future selves

This color-illustrated manual is clearly structured, providing step-by step instructions, and listing the practice elements and goals of each Module. This manual is an essential resource for all mental health practitioners wanting to help their client's build resilience. A separate companion workbook is available for clients.



Tayyab Rashid/Jane Gillham/Afroze Anjum

Strengths-Based Resilience

A Positive Psychology Program

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The authors



Tayyab Rashid, PhD, CPsych, is a licensed school and clinical psychologist at the Health and Wellness Centre of the University of Toronto Scarborough (UTSC). Tayyab's expertise includes strengths-based assessment and interventions, positive education, posttraumatic growth, and multicultural counseling. Tayyab is coauthor of Positive Psychotherapy (2018) which he coauthored with Martin Seligman, the founder of positive psychology. Tayyab's outstanding work has been recognized with awards: Outstanding Practitioner Award (2017) from the International Positive Psychology Association and the Chancellor's Award (2018) from the University of Toronto.



Jane Gillham, PhD, is a licensed clinical psychologist, educator, and researcher at Swarthmore College. Her research focuses on promoting resilience and well-being in youths and especially how schools, families, and communities help youths thrive. Jane is cocreator of the Penn Resilience Program (PRP), as well as several other well-being programs for youths, including the Girls Strengths and Resilience Program and a high school positive psychology curriculum. Jane also serves as a scientific advisor to Cor-Stone, a nonprofit organization devoted to promoting resilience and well-being in young people, especially those in poor and marginalized communities.



Afroze Anjum, PhD, CPsych, is a licensed school psychologist on the Toronto District School Board. Afroze's expertise includes strengths-based, school-based interventions that incorporate character strengths, resilience, mindfulness, and adaptive problem solving, to cope with challenges such as depression, anxiety, bullying, and lack of motivation in children. She has worked as a researcher and training facilitator for the Penn Resilience Program and the Positive Psychology for Youth Project, a positive psychology curriculum study with high school participants. Afroze is currently part of the Toronto District School Board's Wellbeing Committee in the wake of COVID-19.

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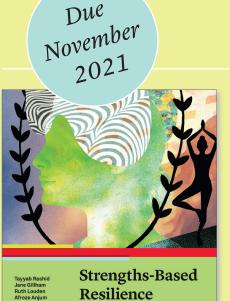
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Workbook

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Psychotherapy, Clinical Psychology, and Counseling; Psychiatry

For clinical psychologists, psychiatrists, psychotherapists, coaches, and counselors, school psychologists, teachers, researchers, and students.

Tayyab Rashid/Jane Gillham/Ruth Louden/Afroze Anjum

Strengths-Based Resilience Workbook

2022. Approx. viii + 168 pp. ISBN 978-0-88937-582-6

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Learn how to flourish in life by developing and using your strengths to build resilience

Do you want to learn skills that focus on strengths that will help you become more resilient? And be able to integrate these skills into your daily life? Then this 14 module strengths-based resilience program will help you do just that with an approach that has been proven to work. You will learn how to: The 14-module SBR program helps clients to build resilience through a series of evidence-based skills. Core modules focus on:

- Integrate mindfulness, relaxation, and gratitude into your daily selfcare routine
- Explore your own story of resilience
- Learn to be more flexible in your thinking

- Identify and use strengths to solve problems
- Incorporate slowness and savoring
- Practice positive communication for healthier relationships
- Contribute to community by learning to do the good you can
- · Find a sense of meaning by exploring your past and future self

Each module is clearly structured with step-by-step instructions, listing the practice elements and goals for each module. The book is full of tips so you can start developing the skills now and make changes that will help you flourish in life. Ideal for clients taking part in a formal Strengths-Based Resilience program or for self-development.



Tayyab Rashid/Jane Gillham/Routh Louden/Afroze Anjum Strengths-Based Resilience Workbook

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Ruth Louden, MEd, is a Career Coach in private practice. She is a trained facilitator in Strengths-Based Resilience (SBR) and holds a Foundations in Applied Mindfulness Meditation Certificate from the University of Toronto. Ruth managed a wide range of educational programs for co-operative education, career development and employment transition. She holds a MEd from the University of Toronto's Ontario Institute for Studies in Education (OISE) specializing in Career and Work and a MES from York University specializing in Quality of Work Life.



Afroze Anjum, PhD, CPsych, is a licensed school psychologist on the Toronto District School Board. Afroze's expertise includes strengths-based, school-based interventions that incorporate character strengths, resilience, mindfulness, and adaptive problem solving, to cope with challenges such as depression and anxiety in children. She has worked as a researcher and training facilitator for the Penn Resilience Program and the Positive Psychology for Youth Project. Afroze is currently part of the Toronto District School Board's Wellbeing Committee in the wake of COVID-19.

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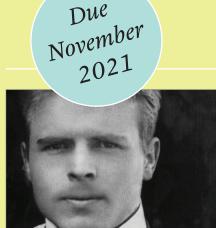
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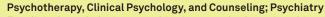
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For clinical psychologists, psychiatrists, psychotherapists, historians, educationalists, and students

Philip J. Keddy/Rita Signer/Philip Erdberg/Arianna Schneider-Stocking (Translators and Editors)

Hermann Rorschach's Psychodiagnostics

Newly Translated and Annotated 100th Anniversary Edition

2022. Approx. x + 262 pp. ISBN 978-0-88937-558-1

Philip J. Keddy Rita Signer Philip Erdberg Arianna Schneider Stocking

(Translators and Editors)

Rorschach's Psychodiagnostics Newly Translated and Annotated 100th Anniversary Edition

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A celebration of Hermann Rorschach's seminal text with this completely new translation plus more

This new English translation and 100th anniversary annotated edition of Psychodiagnostics, the only book published by Hermann Rorschach, showcases Rorschach's empiricism and the wide-ranging flexibility of his thinking – and thus helps us to understand why his iconic inkblot test has survived for a century and is still being used around the world, with the support of a strong evidence base. The expert translation team have collaborated closely to create an accessible rendition of Hermann Rorschach's presentation of the inkblot test that resulted from his empirical research experiments. Also included in this edition is the case study lecture on new developments in the

test that Rorschach gave to the Swiss Psychoanalytic Society in 1922, just six weeks before his premature death. His book and the lecture are each accompanied by annotations for the first time, looking backward to the sources of Rorschach's terminology and also forward to how the test is used today. Drawings and photographs from the Rorschach Archive as well as introductory chapters on the history of the translation and the creation of Psychodiagnostics bring the story of this important figure and his work to life. This volume is essential reading for both historians and contemporary users of the inkblot test and anyone interested in exploring personality testing.



Philip J. Keddy/Rita Signer/Philip Erdberg/Arianna Schneider-Stocking (Translators and Editors)

Hermann Rorschach's Psychodiagnostics

Newly Translated and Annotated 100th Anniversary Edition

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