

EPS-W

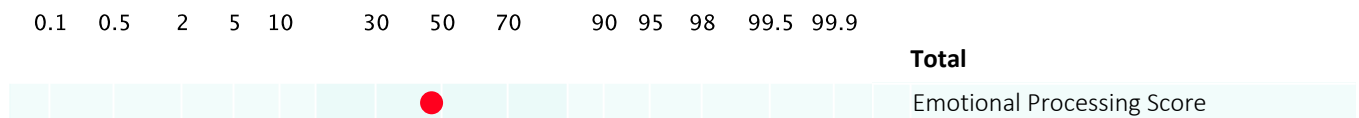
Emotional Processing Scale – Wellbeing
Technical Report

Sample Report
ID 22936-6
Date 07/12/2022

Overview

Summary profile

Percentile



Structure of this report

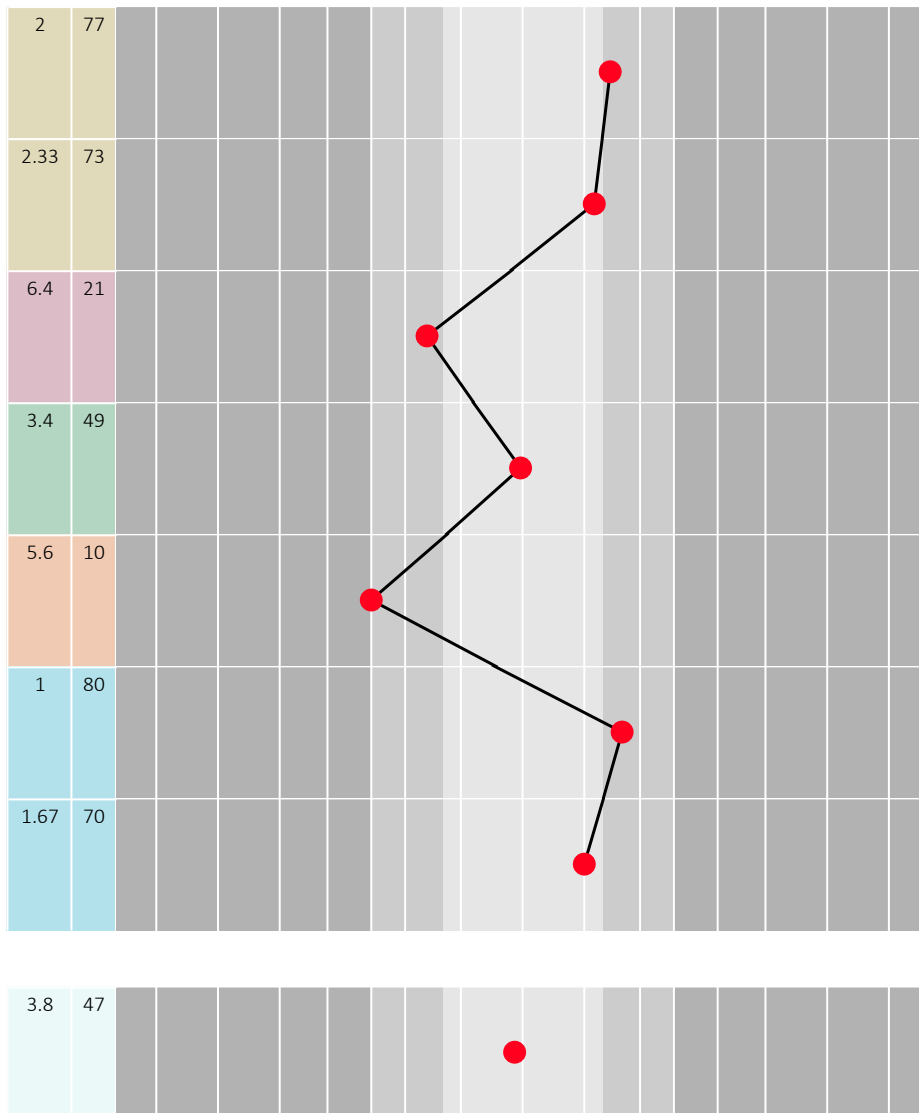
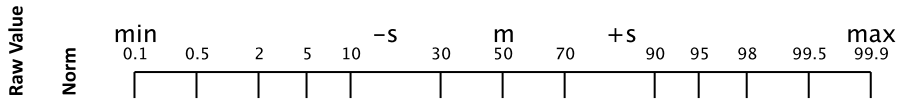
- **Profile sheet**
- **Table of scores**
- **Scale details**
- **Item-level analysis**
- **Response statistics**

Only qualified psychologists or appropriately trained test users should interpret psychometric test results. Please follow the relevant guidelines from the appropriate professional body.

Profile sheet

Emotional Processing Scale – Wellbeing

UK Adults · Percentile



Subscales

- Accepting Emotions**
 The acceptance of emotions, even difficult ones.
- Expressing Emotions**
 The ability to be comfortable expressing emotions.
- Signs of Unprocessed Emotion**
 The emotional or behavioral signs which indicate how successfully we have processed important emotional events.
- Controllability of Emotion**
 The amount of control we feel we have over our emotions.
- Facing Emotions**
 The facing or avoiding of emotional events.
- Vibrancy of Emotions**
 The degree to which we feel alive and aware of our emotional feelings.
- Clarity of Connections**
 The degree to which we are clear about the connections in our emotional life.

Total

Emotional Processing Score
 A total score combining all 25 items on the scale. It reflects all of the dimensions measured.

Table of scores

Emotional Processing Scale – Wellbeing UK Adults · Percentile

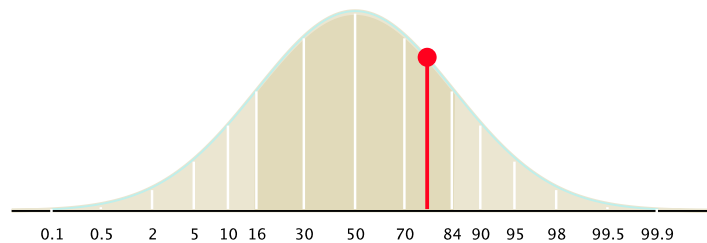
Scale	Raw value	Normed value
Subscales		
Accepting Emotions	2	77
Expressing Emotions	2.33	73
Signs of Unprocessed Emotion	6.4	21
Controllability of Emotion	3.4	49
Facing Emotions	5.6	10
Vibrancy of Emotions	1	80
Clarity of Connections	1.67	70
Total		
Emotional Processing Score	3.8	47
Count of all very low responses (0 and 1)	3	

Scale details

Accepting Emotions

UK Adults · Percentile

Raw value	2
Normed value	77
Missing values	0

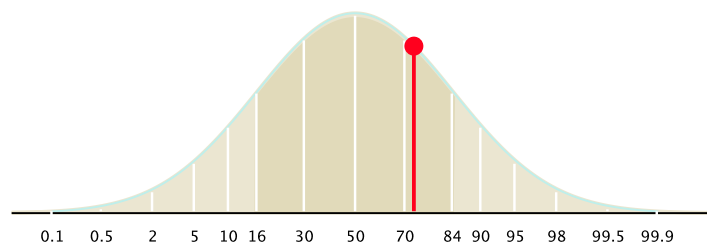


The acceptance of emotions, even difficult ones.

Expressing Emotions

UK Adults · Percentile

Raw value	2.33
Normed value	73
Missing values	0

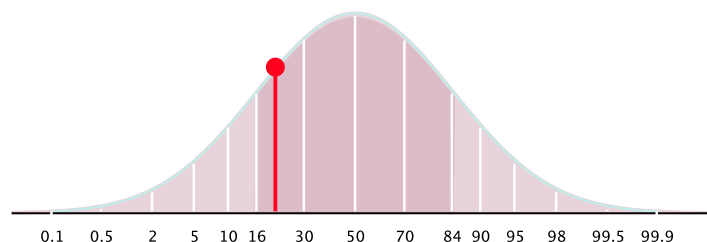


The ability to be comfortable expressing emotions.

Signs of Unprocessed Emotion

UK Adults · Percentile

Raw value	6.4
Normed value	21
Missing values	0

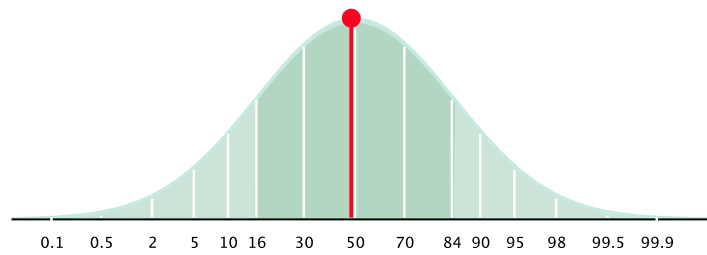


The emotional or behavioral signs which indicate how successfully we have processed important emotional events.

Controllability of Emotion

UK Adults · Percentile

Raw value	3.4
Normed value	49
Missing values	0

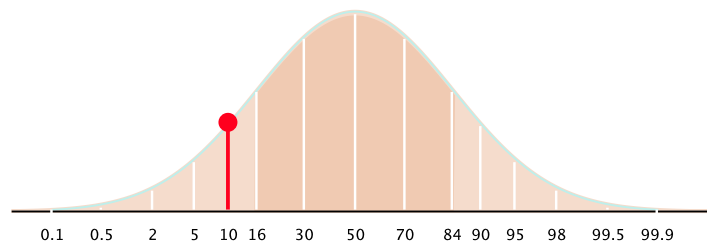


The amount of control we feel we have over our emotions.

Facing Emotions

UK Adults · Percentile

Raw value	5.6
Normed value	10
Missing values	0

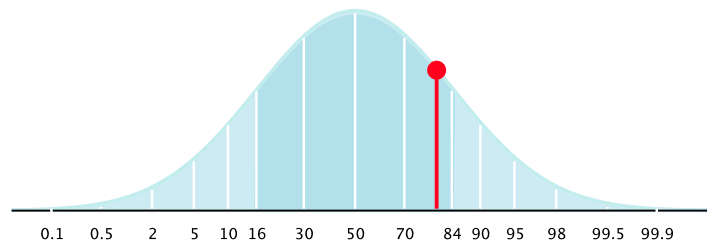


The facing or avoiding of emotional events.

Vibrancy of Emotions

UK Adults · Percentile

Raw value	1
Normed value	80
Missing values	0

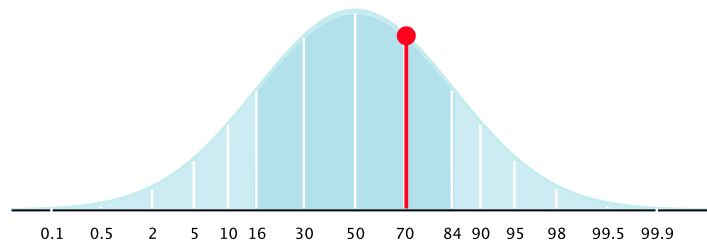


The degree to which we feel alive and aware of our emotional feelings.

Clarity of Connections

UK Adults · Percentile

Raw value	1.67
Normed value	70
Missing values	0

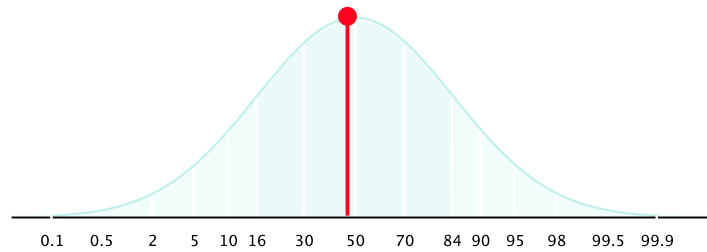


The degree to which we are clear about the connections in our emotional life.

Emotional Processing Score

UK Adults · Percentile

Raw value	3.8
Normed value	47
Missing values	0



A total score combining all 25 items on the scale. It reflects all of the dimensions measured.

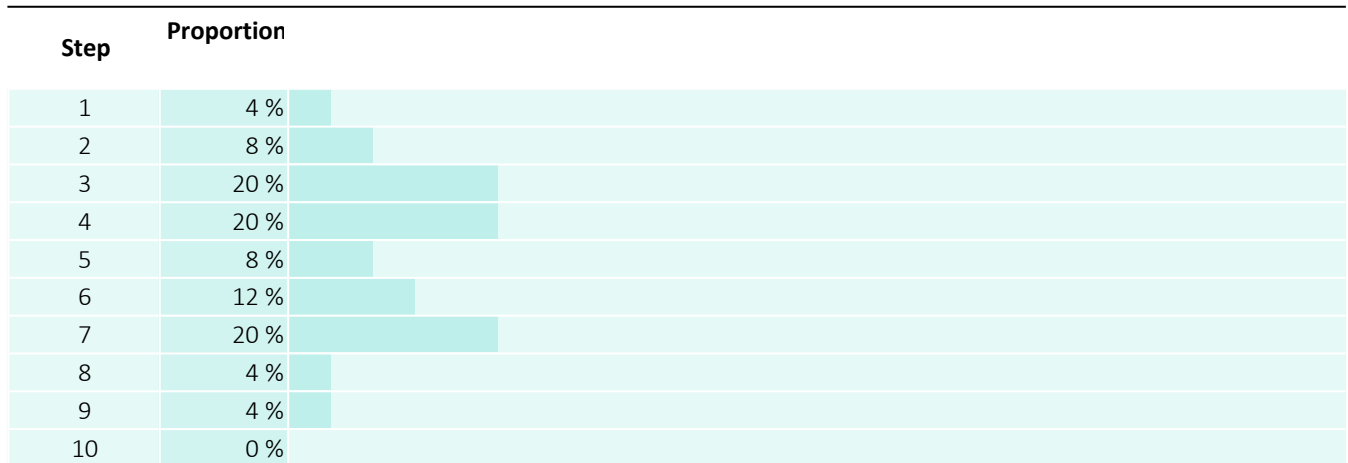
Item-level analysis

No.	Item (abbreviated)	Response	Time (sec)
A1	Strongest positive/pleasant emotion last week	(A1)	
A2	Strongest negative/unpleasant emotion last week	(A2)	
1	Smothered feelings	1	0
2	Intruding feelings	5	0
3	Difficulty controlling upset and anger	3	0
4	Avoided unpleasant things	5 – High	0
5	Blunt emotions	2	0
6	Difficulty expressing feelings	2	0
7	Long-lasting emotional reactions	6	0
8	Overreaction to what people said/did	4	0
9	Avoided talking about negative feelings	6 – High	0
10	Feelings did not belong to me	2	0
11	Kept quiet about feelings	3	0
12	Repeatedly experienced same emotion	7 – High	0
13	Get own back on someone	3	0
14	Only talk about pleasant things	6 – High	0
15	Hard to work out if felt ill or emotional	1	0
16	Bottled up emotions	3	0
17	Overwhelmed by emotions	8 – High	0
18	Urge to smash something	4	0
19	Not tolerate unpleasant feelings	6 – High	0
20	Blank in my emotions	0	0
21	Tried not to show my feelings	2	0
22	Thinking about the same situation	6	0
23	Hard to wind down	3	0
24	Tried to avoid upsetting things	5 – High	0
25	Had strong feelings, not sure if they were emotions	2	0
B	Other important things to add	(cf Guide to Interpretation, Section 5.3 and Figure 5.2)	

Number of missing responses	0	
Total item response time		00:00

Response statistics

Distribution of responses



Page focus events

Sorry, page focus information is not available. It could be that the test was completed on paper or before HTS began recording page focus events.

Page focus events occur when a test taker switches away from the test to another window on the computer. For a detailed explanation, please consult the Hogrefe Testsystem Glossary.